

ASPEN Strategic Plan 2026-2030

MISSION

To optimize patient care by advancing the science and practice of comprehensive nutrition support through interprofessional collaboration.

VISION

ASPEN envisions a world in which every patient has access to safe and effective nutrition care.

VALUES

Integrity: Honest and Principled

Safety: Trusted and Protected

Inclusion: Integrated, Respected, and Valued

Equity: Fair Access and Opportunity

Diversity: Varied Perspectives

Innovation: Forward Thinking

ADVOCACY & POLICY

Advance advocacy and policy efforts to expand access to care and delivery, optimize reimbursement, foster innovation, and align policy.

- Explore opportunities to strengthen strategic partnerships and coalitions
- Advocate for healthcare policies that support access to and reimbursement for interprofessional nutrition support
- Champion the development and adoption of effective nutrition policy

CLINICAL PRACTICE

Establish ASPEN as the leader and trusted voice in nutrition support.

- Create, disseminate, and foster implementation of practical and timely clinical guidance
- Assess, understand, and communicate the state of practice and research
- Respond to changes in clinical practice

EDUCATION

Develop and disseminate accessible professional education to optimize nutrition support.

- Explore and create innovative strategies for delivering and disseminating content
- Identify skills and knowledge gaps
- Assess gaps in education programs and evaluate opportunities for growth
- Develop diverse educational programs and materials that advance learning, engagement, and impact

INTERPROFESSIONAL COMMUNITY

Grow and sustain a diverse, engaged community that strengthens collaboration, leadership development, and the future of nutrition support practice.

- Foster a sense of belonging that attracts, engages, and retains an interprofessional membership throughout their professional journeys
- Advance a strong nutrition support workforce and build the next generation of leaders in the field
- Cultivate member volunteerism and develop future ASPEN leaders
- Create pathways for members to grow and engage professionally and personally

RESEARCH

Advance nutrition support research and champion the integration of evidence into practice.

- Identify and prioritize research gaps
- Recruit and mentor researchers
- Enable access to research funding opportunities and support mechanisms
- Disseminate and promote integration of research findings

KEY PLAN ASSUMPTIONS

- 1** Technology and innovation will be evaluated, adopted, and integrated across all domains to advance practice and care delivery.
- 2** All domains apply across the full continuum of care settings, the lifespan, and ASPEN's interprofessional community.
- 3** Evidence translation into practical, real-world application is an expectation embedded in every domain.