

Malnutrition Committee

Member Expectations

Thank you for serving as an ASPEN committee member. We sincerely appreciate the time, energy, and expertise you contribute as a volunteer in support of ASPEN's mission. Committee service is a voluntary opportunity available to ASPEN members, and we value the dedication our members bring to this work.

To support effective and respectful committee operations, we've outlined participation expectations below. These standards help us work collaboratively, remain accountable, and make meaningful progress. Due to high interest in and limited availability of committee seats, ongoing lack of engagement may result in removal from the committee.

Committee Charge

The Malnutrition Committee is charged with supporting ASPEN initiatives on malnutrition across the age spectrum and across all care settings to advocate for and promote screening, assessment, intervention, documentation, and coding practices. ASPEN members actively engaged and with experience in malnutrition-related clinical practice, research, education, medical affairs, and/or administrative responsibilities are well-suited for this committee. Malnutrition committee members are expected to actively engage in at least one committee task and participate in a majority of committee meetings throughout the volunteer year. This committee meets virtually throughout the year via video conferencing.

Committee Expectations

1. **Be Present and Engaged:** Attend committee meetings and stay actively involved. If you cannot attend, notify the chair, ASPEN staff liaison, or designated contact in advance.
2. **Follow Through on Commitments:** Take ownership of assigned tasks, meet deadlines, and complete work between meetings. Come prepared to provide updates and contribute to progress.
3. **Communicate Consistently:** Respond promptly to emails and messages. Keep the chair and fellow members informed and ask questions when clarification is needed.
4. **Maintain ASPEN Membership:** Maintain active ASPEN membership throughout your term of service.
5. **Support the Mission:** Advocate for the organization's goals and decisions, even when personal opinions differ. Represent the committee in a positive and unified way.
6. **Maintain Professionalism:** Uphold ASPEN's volunteer code of conduct in all interactions and settings.
7. **Foster Respectful Dialogue:** Listen actively, engage respectfully, and value diverse perspectives. Constructive disagreement is welcome; disrespect is not.

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8. **Collaborate Effectively:** Work as part of a team on the committee. Support and encourage others, and contribute to a positive, productive environment.
 9. **Stay Flexible:** Be open to change, willing to adapt, and ready to adjust as the committee's priorities evolve.

Specific Committee Activities

1. Review disease-related malnutrition scientific literature in an ongoing way and collect updated data on malnutrition prevalence, outcomes, cost, and treatment in various clinical populations.
2. Assist with planning ASPEN's annual Malnutrition Awareness Week.
 - a. Review the pediatric and adult Malnutrition Matters videos and update as needed, at least every 5 years.
 - b. Develop MAW Continuing Education webinars (outlines only) annually
3. Annually review ASPEN's webpages titled: Malnutrition Resources for Clinicians and Malnutrition Resources for Consumers for functionality, ease of use, and content, and suggest updates to staff as needed.
4. As needed, generate proposals for the development of new ASPEN projects, clinical tools, guidelines, and other educational initiatives related to malnutrition.

Total Anticipated Time Commitment

Committee members are expected to attend 3-4 virtual, full committee meetings annually (60 minutes each). Additional time commitment varies based on the committee task(s) in which the member is involved (up to 5 hours per month).

Committee and Leadership Structure

In compliance with accreditation standards, industry representatives and employees cannot be appointed to this committee. There is a committee chair who serves for 2 years. A vice chair opportunity is available for 1 year, prior to becoming the committee chair.