

EDUCATION AND ACCREDITATION INFORMATION – ASPEN SELF-ASSESSMENT PROGRAM

Course Goal and Target Audience:

ASPEN's Self-Assessment online modules are designed for members of the interprofessional healthcare team seeking to assess their knowledge of nutrition and metabolic support both in clinical practice and research settings. Committed to impacting patient wellness, ASPEN provides this interactive educational tool to enhance healthcare team members' understanding of current evidence-based nutrition and metabolic support.

Objectives:

- Identify areas of knowledge in nutrition and metabolic support that require further study.
- Refine current clinical knowledge and healthcare team practice to reflect recent advances in nutrition support.
- Develop skills in interpreting medical literature.
- Develop and integrate analytical thinking skills to improve clinical practice for the healthcare team.
- Increase proficiency in utilizing online resources and taking computerized examinations.

Successful Completion: To obtain credit, course participants must complete an entire online module, attain a 60% correct score on the post-assessment and complete a program evaluation. All credit must be claimed by the expiration date posted. Those who do not claim credit by the posted expiration date forfeit credit for those modules.

ASPEN submits data as required to the CPE Monitor for pharmacists. ASPEN submits physician-earned CME credit into Pars. ASPEN does not submit data to any other credentialing organization. Pharmacists and physicians, please note that ASPEN will upload earned CE credit into the appropriate system within the required timeframe. Any credit not claimed by the deadline will not be entered. Please provide your correct information when completing your evaluation and claiming CE credit. ASPEN submits only the information that is entered by the pharmacist or physician when credit is claimed and is not responsible for following up to obtain any corrected information to ensure an error-free submission.

ASPEN Self-Assessment Modules

Please refer to the release and expiration dates below for each version of the modules

- I V.6 - Nutrition Assessment, Released September 5, 2023. Expires September 5, 2026
- IIA V.7 – Parenteral Nutrition, Released March 6, 2025. Expires March 6, 2028
- IIB V.7 - Complications of Parenteral Nutrition, Released March 6, 2025. Expires March 6, 2028
- IIIA V.7 - Introduction to Enteral Nutrition, Released March 6, 2025. Expires March 6, 2028
- IIIB V.7 – Enteral Nutrition Administration, Monitoring, and Clinical Issues, Released March 6, 2025. Expires March 6, 2028
- IV V.7 – Condition-Specific Nutrition Support, Released February 26, 2026. Expires February 26, 2029
- IV V.6 - Condition-Specific Nutrition Support, Released March 1, 2023. Expires March 1, 2026.
- IV V.7 – Considerations in Nutrition Support of the Pediatric Patient, Released February 26, 2026. Expires February 26, 2029
- V V.6 - Considerations in Nutrition Support of the Pediatric Patient, Released March 1, 2023. Expires March 1, 2026.
- VI V.6 - Considerations in Nutrition Support of the Older Adult, Released September 5, 2023. Expires September 5, 2026
- IV V.7 – Home Nutrition Support, Released February 26, 2026. Expires February 26, 2029
- VII V.6- Home Nutrition Support, Released March 1, 2023. Expires March 1, 2026.
- IV V.6 – Fundamentals of Nutrition and Metabolism, Released February 26, 2026. Expires February 26, 2029
- VIII V.5 - Fundamentals of Nutrition and Metabolism, Released March 1, 2023. Expires March 1, 2026

All credit must be claimed by the expiration date posted. Those who do not claim credit by the posted expiration date forfeit credit for those modules.

Note: V.7 after the module indicates the seventh version of the module. V.6 after the module indicates the sixth version of the module. V.5 after the module indicates the fifth version of the module.

Continuing Education Credit: Two hours per module.

Commercial Support and Sponsorship: None

ACPE UANs:

Module I V.6: JA0002345-0000-23-162-H99-P
Module IIA V.7: JA0002345-0000-25-095-H99-P
Module IIB V.7: JA0002345-0000-25-096-H99-P
Module IIIA V.7: JA0002345-0000-25-097-H99-P
Module IIIB V.7: JA0002345-0000-25-098-H99-P
Module IV V.7: JA0002345-0000-26-072-H01-P
Module IV V.6: JA0002345-0000-23-094-H01-P
Module V V.7: JA0002345-0000-26-073-H99-P
Module V V.6: JA0002345-0000-23-095-H99-P
Module VI V.6: JA0002345-0000-23-163-H99-P
Module VII V.7: JA0002345-0000-26-074-H99-P
Module VII V.6: JA0002345-0000-23-096-H99-P
Module VIII V.6: JA0002345-0000-26-075-H99-P
Module VIII V.5: JA0002345-0000-23-097-H99-P

Accreditation Statement



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, The American Society for Parenteral and Enteral Nutrition (ASPEN) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ASPEN designates this [each] enduring activity for a maximum of 2.0 *AMA PRA Category 1 Credits™* per activity/study module. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists: ASPEN designates each enduring/on demand activity for a maximum of 2 contact hours/0.2 CEUs. Knowledge activities.

Nurses: ASPEN designates each program for a maximum of 2 nursing contact hours.

Dietitians: ASPEN designates each activity for a maximum of 2 CPEUs.

Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RD's and DTR's are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.

Commission on
Dietetic Registration
The credentialing agency for the
Academy of Nutrition and Dietetics



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 2 Interprofessional Continuing Education (IPCE) credits [per activity] for learning and change.

Policies and Information:

Non-Commercialism. ASPEN subscribes to the Standards for Integrity and Independence in Accredited Continuing Education. ASPEN does not provide programs that constitute advertisements or include promotional materials. ASPEN does not endorse any products.

All credit must be claimed by the expiration date posted. Those who do not claim credit by the posted expiration date forfeit credit for those modules.

Technical requirements and support.

Computer or mobile device with reliable internet capabilities.

Support for purchases, log in, username, and passwords, contact ASPEN at aspen@nutritioncare.org or 301-587-6315.

Program support (support with program functionality), contact Oasis-LMS at support@oasis-lms.com or 872-529-1567.

Privacy and Confidentiality. ASPEN respects the privacy of its members and customers. Companies that receive personal information from ASPEN to execute the business of ASPEN may use information only for that purpose.

Refund Policy. Refunds are not available if you have accessed the module content.

Grievances. Grievances must be submitted in writing to ASPEN Senior Director, Education and Research at ASPEN 8401 Colesville Road, Suite 510, Silver Spring, MD 20910.

Disclosures and Relevant Financial Relationships for Faculty and Planning Committee Members

V.6 revisions of modules I and VI during the time of module revision. Modules released September 5, 2023

The following individuals have no relevant financial relationships with ineligible companies: Sarita Bajpai, Jamie Bering, Quintin Broussard, Noelle Christ, Kathleen Creehan, Kaitlyn Eisenberg, Ivy Ford, Julie Geyer, Sara Glanz, Shauna Grant, Brandee Grenda, Shanna Hager, Sandra Hennessy, Lacey Harter, Nancy Horgan, Anne Hummell, Amy Hurd, Lindsay Keeney, Sarah McOsker, Sarah Miller, Byung Chul Min, Ronelle Mitchell, Federika Muchacho, Dawna Mughal, Danelle Olson, Endashaw Omer, Kimberlee Orben, Karla Padrelanan, Kelly Povroznik, Alyssa Price, Raul Sanchez Leon, Senthilkumar Sankararaman, Kerri Shingleton, Jennifer Sisk, Jessica Szatkowski, Carole Thompson, Jennifer Vyduna, Jillian Wanik, Rebecca Wehner, Mary White, Sydney Wojciak, Sunitha Zechariah

Amanda Gilhool, Abbott, stocks, relationship ended

ASPEN staff have no relevant financial relationships with ineligible companies.
All relevant financial relationships have been mitigated.

V.6 revisions of modules IV, V, and VII and V.5 of module VIII during the time of module revision. Modules released March 1, 2023.

Modules IV and VII

The following individuals have no relevant financial relationships with ineligible companies: Sarita Bajpai, Quintin Broussard, Noelle Christ, Kaitlyn Eisenberg, Jayme Frazier, Kimberly Freeman, Julie Geyer, Sara Glanz, Tamara Gordon, Leslie Goudarzi, Shauna Grant, Shanna Hager, Lacey Harter, Nancy Horgan, Anne Hummell, Amy Hurd, Lindsay Keeney, Sarah McOsker, Sarah Miller, Ronelle Mitchell, Dawna Mughal, Danelle Olson, Endashaw Omer, Kimberlee Orben, Karla Padrelanan, Elizabeth Page, Kelly Povroznik, Teresa Puthoff, Raul Sanchez Leon, Mary Sharrett, Jennifer Sisk, Hannah Solomon, Carole Thompson, Alyssa Tucker, Johnathan Voss, Jillian Wanik, Rebecca Wehner, Mary White, Sydney Wojciak, Sunitha Zechariah

Amanda Gilhool, Abbott, stockholder as part of amateur portfolio
Senthil Sankararaman, Nestle, advisor

Module VIII (spans two years)

Year 1

The following individuals have no relevant financial relationships with ineligible companies: Sarita Bajpai, Quintin Broussard, Noelle Christ, Kaitlyn Eisenberg, Jayme Frazier, Kimberly Freeman, Julie Geyer, Sara Glanz, Tamara Gordon, Leslie Goudarzi, Shauna Grant, Shanna Hager, Lacey Harter, Nancy Horgan, Anne Hummell, Amy Hurd, Lindsay Keeney, Sarah McOsker, Sarah Miller, Ronelle Mitchell, Dawna Mughal, Danelle Olson, Endashaw Omer, Kimberlee Orben, Karla Padrelanan, Elizabeth Page, Kelly Povroznik, Teresa Puthoff, Raul Sanchez Leon, Mary Sharrett, Jennifer Sisk, Hannah Solomon, Carole Thompson, Alyssa Tucker, Johnathan Voss, Jillian Wanik, Rebecca Wehner, Mary White, Sydney Wojciak, Sunitha Zechariah

Amanda Gilhool, Abbott, stockholder as part of amateur portfolio
Senthil Sankararaman, Nestle, advisor

Year 2

The following individuals have no relevant financial relationships with ineligible companies: Sarita Bajpai, Jamie Bering, Quintin Broussard, Noelle Christ, Kathleen Creehan, Kaitlyn Eisenberg, Ivy Ford, Julie Geyer, Sara Glanz, Shauna Grant, Brandee Grenda, Lacey Harter, Nancy Horgan, Anne Hummell, Amy Hurd, Lindsay Keeney, Sarah McOsker, Sarah Miller, Byung Chul Min, Ronelle Mitchell, Federika Muchacho, Dawna Mughal, Danelle Olson, Endashaw Omer, Kimberlee Orben, Karla Padrelanan, Kelly Povroznik, Raul Sanchez Leon, Kerri Shingleton, Jennifer Sisk, Carole Thompson, Jennifer Vyduna, Jillian Wanik, Rebecca Wehner, Mary White, Sydney Wojciak, Sunitha Zechariah

Amanda Gilhool, Abbott, stocks, relationship ended

Module V

The following individuals have no relevant financial relationships with ineligible companies: Kristen Clay, Patience English, Sara Glanz, Shanna Hager, Sandra Hennessy, Holly Hirsch, Margaret Murphy, Senthilkumar Sankararaman, Nancy Shaar, Laurie Smith, Jessica Szatkowski, Alyssa Tucker

Alyssa Price, Abbott, speaker

ASPEN staff have no relevant financial relationships with ineligible companies.
All relevant financial relationships have been mitigated.

V.7 revisions of modules IIA, IIB, IIIA, and IIIB during the time of module revision. Modules released March 6, 2025.

Year 1

The following individuals have no relevant financial relationships with ineligible companies: Kehaulani Backes, Jamie Bering, Erin Beveridge, Kate Creehan, Paula Delmerico, Ivy Ford, Julie Geyer, Sara Glanz, Shauna Grant, Brajee Green, Brandee Grenda, Shanna Hager, Sandra Hennessy, Nancy Horgan, Anne Hummell, Sadie Jensen, Lindsay Keeney, Jaylin Kellogg, Kathleen Logan Coughlin, Megan McKinley, Sarah McOsker, Sarah Miller, Byung Chul Min, Federika Muchacho, Dawna Mughal, Swathi Neel, Danelle Olson, Karla Padrelanan, Raul Sanchez Leon, Kerri Shingleton, Jennifer Sisk, Jessica Szatkowski, Carole Thompson, Jennifer Tomesko, Alyssa Tucker, Jennifer Vyduna, Jillian Wanik, Rebecca Wehner, Mary White, Sydney Wojciak

Amanda Gilhool, Abbott, stock owner

Alyssa Price, Abbott, consultant

Abby Wood, Nestle Health Science, consultant

Year 2

The following individuals have no relevant financial relationships with ineligible companies: Tracy Andrews, Kehaulani Backes, Sarita Bajpai, Carol Barsness, Erin Beveridge, Sara Bonnes, Marisa Creatura, Kate Creehan, Paula Delmerico, Ivy Ford, Julie Geyer, Sara Glanz, Brandee Grenda, Sara Hassan
Jennifer Hauck, Nancy Horgan, Anne Hummell, Amy Hurd, Sadie Jensen, Lindsay Keeney, Jaylin Kellogg, Brynne Klein, Megan McKinley, Sarah Miller, Federika Muchacho, Dawna Mughal, Marlene Neville, Danelle Olson, Kerri Shingleton, Sabrina Spencer, Jessica Szatkowski, Jennifer Tomesko, Mary White, Abby Wood

Jamie Bering, Nestle Nutrition Institute, Fellowship training, ended
Sandra Hennessy, Boston Scientific, consultant and speaker
Kathleen Logan Coughlin, CorMedix, has NDA for possible future research funding

Alyssa Price, Abbott Nutrition, independent contractor, ended

ASPEN staff have no relevant financial relationships with ineligible companies.
All relevant financial relationships have been mitigated.

V.7 revisions of modules IV, V, and VII and V.6 of module VIII during the time of module revision. Modules released February 26, 2026.

Modules IV and VIII

Year 1

The following individuals have no relevant financial relationships with ineligible companies: Tracy Andrews, Kehaulani Backes, Sarita Bajpai, Carol Barsness, Erin Beveridge, Sara Bonnes, Marisa Creatura, Kate Creehan, Paula Delmerico, Ivy Ford, Julie Geyer, Sara Glanz, Brandee Grenda, Sara Hassan, Jennifer Hauck, Nancy Horgan, Anne Hummell, Amy Hurd, Sadie Jensen, Lindsay Keeney, Jaylin Kellogg, Brynne Klein, Megan McKinley, Sarah Miller, Federika Muchacho, Dawna Mughal, Marlene Neville, Danelle Olson, Kerri Shingleton, Sabrina Spencer, Jessica Szatkowski, Jennifer Tomesko, Mary White, Abby Wood

Jamie Bering, Nestle Nutrition Institute, Fellowship training, ended
Sandra Hennessy, Boston Scientific, consultant and speaker
Kathleen Logan Coughlin, CorMedix, has NDA for possible future research funding

Alyssa Price, Abbott Nutrition, independent contractor, ended

Year 2

The following individuals have no relevant financial relationships with ineligible companies: Tracy Andrews, Peter Atkins, Kehaulani Backes, Sarita Bajpai, Carol Barsness, Allison Beck, Erin Beveridge, Julia Cohen, Kate Creehan, Paula Delmerico, Julie Geyer, Sara Glanz, Jennifer Hauck,

Nancy Horgan, Anne Hummell, Amy Hurd, Sadie Jensen, Danelle Johnson, Lindsay Keeney, Brynn Klein, Sandra Kless, Suzanne Landry, Kathleen Logan Coughlin, Abigail Martin, Megan McKinley, Sarah Miller, Federika Muchacho, Dawna Mughal, Marlene Neville, Alyssa Price, Sabrina Spencer, Marisa Sutter, Jennifer Tomesko, Jennifer Waters, Mary White, Abby Wood

Sara Bonnes, Cormedix, research funding
Laura Laski, Kate Farms, former employee, ended 1/28/25 before the committee term started

Module V

The following individuals have no relevant financial relationships with ineligible companies: Allison Beck, Nolan Buland, Lucy Frey, Sandra Hennessy, Miriam Knopp, Lauren Littman, Justine MacFarland, Abigail Martin, Alyssa Price, Sabrina Spencer

Module VII

The following individuals have no relevant financial relationships with ineligible companies: Tracy Andrews, Peter Atkins, Kehaulani Backes, Sarita Bajpai, Carol Barsness, Erin Beveridge, Julia Cohen, Kate Creehan, Paula Delmerico, Julie Geyer, Sara Glanz, Jennifer Hauck, Nancy Horgan, Anne Hummell, Amy Hurd, Sadie Jensen, Danelle Johnson, Lindsay Keeney, Brynn Klein, Sandra Kless, Suzanne Landry, Kathleen Logan Coughlin, Megan McKinley, Sarah Miller, Federika Muchacho, Dawna Mughal, Marlene Neville, Marisa Sutter, Jennifer Tomesko, Jennifer Waters, Mary White, Abby Wood

Sara Bonnes, Cormedix, research funding
Laura Laski, Kate Farms, former employee, ended 1/28/25 before the committee term started

ASPEN staff have no relevant financial relationships with ineligible companies.

All relevant financial relationships have been mitigated.

Note: an ineligible company is one whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. For specific examples of ineligible companies visit accme.org/standards.

Financial relationships are relevant if the following three conditions are met for the prospective person who will control content of the education:

- A financial relationship, in **any amount**, exists between the person in control of content and an ineligible company.
- The financial relationship existed during the past **24 months**.
- The content of the education is related to the products of an ineligible company with whom the person has a financial relationship.