



The National Board of Nutrition Support Certification (NBNSC) was established by ASPEN in 1984 to oversee the nutrition support certification program.

It began with individual exams for different healthcare disciplines, and in 2008, emphasizing that nutrition support is a specialized practice involving the expertise of various healthcare professionals, it evolved into a single interprofessional exam for all disciplines.



Patricia Worthington, MSN, RN, CNSC, and Eva Shronts, MMSc, RD, at the ASPEN 1998 Clinical Congress.

5,431 Healthcare Professionals are Currently Certified as a CNSC!

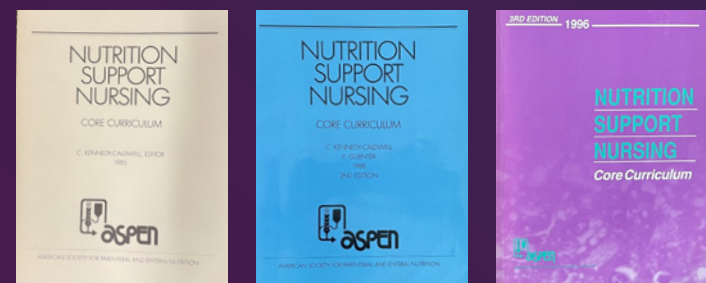
- 1984** NBNSC formed.
- 1985** First exam for nurses (CNSN).
- 1988** First dietitian exam (CNSD).
- 1992** Board Certified Nutrition Support Pharmacist exam offered by the Board of Pharmacy Specialties.
- 1995** First exam for physicians (CNSP).
- 2001** Physician Nutrition Specialist exam offered through the American [National] Board of Physician Nutrition Specialists.
- 2008** The Certified Nutrition Support Clinician (CNSC) exam launches as a single exam for all disciplines practicing nutrition support.
- 2009** The CNSC exam opens to pharmacists and physician assistants/associates. The CNSC exam is available internationally.
- 2021** The CNSC exam opens to doctors of dental surgery/doctors of dental medicine.

Key ASPEN Resources Standing the Test of Time

Nutrition Support Core Curriculum

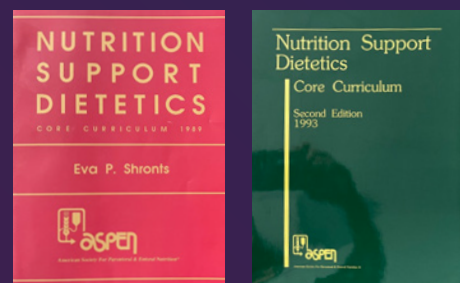
1985

ASPEN published its first *Nutrition Support Core Curriculum* for nurses, followed by a second edition in 1988 and a third and final edition in 1996.



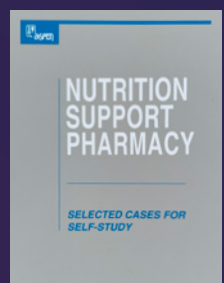
1989

The *Nutrition Support Dietetics Core Curriculum* was published, with its second edition appearing in 1993.



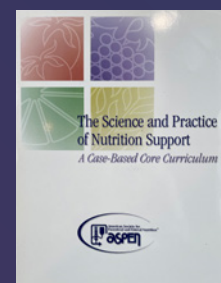
1995

A *Core Curriculum* for pharmacists was developed.



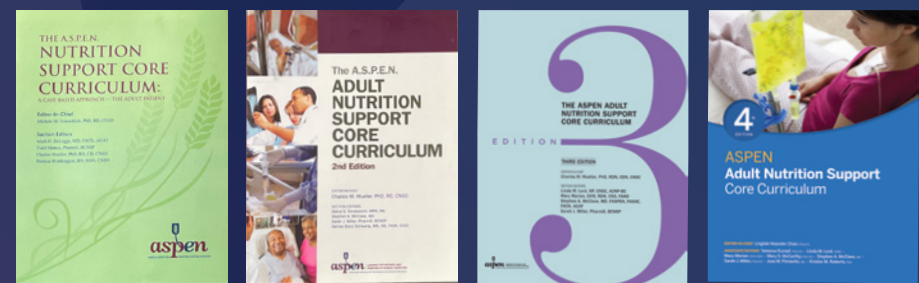
2001

ASPEN published its first interdisciplinary *Nutrition Support Core Curriculum* for both adult and pediatric patients.




2007

ASPEN published its first interdisciplinary *Nutrition Support Core Curriculum* for adult patients in 2007, followed by editions in 2012, 2017, and 2025.



2010

ASPEN published its first *Pediatric Nutrition Support Core Curriculum* in 2010, followed by editions in 2015 and 2024.

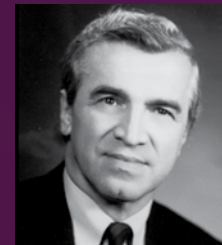


ASPEN's Annual Conference

Since its inception, the conference has aimed to foster collaboration and knowledge-sharing among the healthcare and research communities.

1977


The first ASPEN Clinical Congress took place on February 3, 1977.



At the first Clinical Congress, the Organizing Committee transferred control of ASPEN to the first Executive Council and Board of Directors, led by ASPEN's first president, Dr. Stanley J. Dudrick.


2002-2004

The meeting was known as Nutrition Week, a collaboration between ASPEN, the American College of Nutrition, the American Society for Clinical Nutrition, and the North American Association for the Study of Obesity.




2005

ASPEN independently launched Clinical Nutrition Week (CNW), which continued until 2017.



2010-PRESENT


ASPEN started broadcasting select sessions to a global virtual audience. Over the years, more of the sessions are broadcasted.



ASPEN President Dr. Gail Cresci at the ASPEN 2022 Nutrition Science & Practice Conference.

2018

The event was renamed the ASPEN Nutrition Science & Practice Conference.



2020-2021

The conference was virtual only due to the Covid-19 pandemic.

