

Parenteral Nutrition Patient Rounds Checklist



Patients receiving parenteral nutrition (PN) need periodic evaluation whether inpatient or at home. This checklist provides clinicians with a list of important parameters to discuss on patient rounds or during follow-up calls/visits with the home care team. The goal is to ensure PN is still indicated and is being delivered safely and effectively. This checklist may be used weekly for inpatients and monthly for home patients.

Patient Name: _____

Date of Evaluation: _____

PN Parameter	Remain in Place (yes/no/ or n/a)	Actions Needed	Comments
Indication for PN remains appropriate			
PN days (start day and days on therapy)			
Goals of PN therapy identified and updated with patient and caregiver participation			
PN prescription appropriate for goals			
Patient and family understand goals			
Other nutrition (diet, EN, ONS) (Type and adequacy)			
Assess ability for PN weaning			
Nutrition assessment completed			
Additional treatment options (surgery, medications, other procedures, etc)			
PN complications monitored (infection, dehydration, thrombosis)			
Central line intact			
Central line infection prevention measures in place			
Fluid status in balance			
Labs ordered and results reviewed			

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Patient Name: _____ Date of Evaluation: _____

PN Parameter	Remain in Place (yes/no/ or n/a)	Actions Needed	Comments
Electrolytes appropriate			
Micronutrient monitoring ordered			
Monitor for EFAD if appropriate			
Vitamins and trace elements in PN			
PN nutrient shortages evaluated (Note any substitutions or change in frequency delivered d/t shortage)			
PN cycled (for home patients or those going home on PN)			
Confirm proper functioning of infusion pump (note any discrepancy between rate and volume delivered)			
Caregivers competent and environment safe (for home patients or those going home on PN)			
Patient and caregivers recognize and respond to complications (such as infection, dehydration, thrombosis)			
Ensure patient has necessary resources and medical follow-up is in place			

Evaluation completed by: _____

Other team members present during evaluation: _____

Next evaluation due: _____

Additional Resource: Safe Care Transitions for Patients Receiving Parenteral Nutrition practice tool found at nutritioncare.org/PNSafeCareTransition

References:

Worthington P, Balint J, Bechtold M, et al. When Is Parenteral Nutrition Appropriate? JPEN J Parenter Enteral Nutr. 2017; 41 (3):324-377.
 Adams S, Gura KM, Seres DS, et al. Safe care transitions for patients receiving parenteral nutrition. Nutr Clin Pract. 2022; 37(3):493-508.

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