

STATE OF OREGON
PROCLAMATION
OFFICE OF THE GOVERNOR

- WHEREAS:** Inadequate or unbalanced nutrition, known as malnutrition, often goes undetected but is prevalent in vulnerable populations at any age or body weight, including hospitalized patients, low-income individuals, communities of color, and those with chronic illness, with older adults having the highest rate of malnutrition; and
- WHEREAS:** Nutrition is a human right and a social determinant of health, and malnutrition is intensified by disparities, inequities, and social isolation and is further compounded by food insecurity; and
- WHEREAS:** Malnutrition impacts patient health outcomes, leading to higher infection rates, poor wound healing, longer lengths of hospital stay, higher frequency of readmission, and is associated with increased health costs; and
- WHEREAS:** Care professionals can help fight malnutrition by sharing self-management education and outpatient interventions to reduce or prevent hospital admissions and readmissions, reduce post-discharge services, and enable people to remain more independent at home; and
- WHEREAS:** Community-based nutrition programs help vulnerable populations including older adults access healthy foods, nutrition screening, education, and counseling, social opportunities, and other supports that encourage well-being and decrease malnutrition; and
- WHEREAS:** This Malnutrition Awareness Week we can all support actions to prevent, identify, educate, treat, and report malnutrition.

NOW,

THEREFORE: I, Tina Kotek, Governor of the State of Oregon, hereby proclaim **September 16-20, 2024** to be

MALNUTRITION AWARENESS WEEK

in Oregon and encourage all Oregonians to join in this observance.

IN WITNESS WHEREOF, I hereunto set my hand and cause the Great Seal of the State of Oregon to be affixed. Done at the Capitol in the City of Salem in the State of Oregon on this day, August 22, 2024.



Tina Kotek, Governor



LaVonne Griffin-Valade, Secretary of State

