



OFFICE OF THE MAYOR
CITY OF NEW YORK

Proclamation

Whereas, Our food system is vast, touching nearly every sector of industry and facet of life. For this reason, it is also a cornerstone of my Administration's collective effort to forge a brighter, life-sustaining metropolis. Good nutrition—which is a human right and a social determinant of health—is directly connected to keeping people out of our health care institutions. That is why my team and I expanded lifestyle medicine options at NYC Health + Hospitals and launched Prioritizing Food Education in Our Public Schools: A Path to Developing a Healthy Next Generation, our comprehensive plan to improve nutrition instruction and access. In this spirit, as we turn our focus to Malnutrition Awareness Week, I am pleased to shine a spotlight on the work of the American Society for Parenteral and Enteral Nutrition (ASPEN) for its outstanding allyship.

Whereas, It is estimated that 20 to 40 percent of adults in the community are at risk or suffer from malnutrition, with malnourished patients experiencing two times higher hospital costs compared to the average cost of all hospital stays, as well as two times the mortality rate of all hospitalized patients. During Malnutrition Awareness Week, ASPEN redoubles its extraordinary efforts to educate caregivers, community agencies, government leaders, health care professionals, and patients on the devastating consequences of malnutrition. Since 1976, this interdisciplinary organization has been dedicated to improving patient care by advancing the science and practice of clinical nutrition and metabolism. ASPEN's members—a community of dietitians, nurses, pharmacists, physicians, scientists, students, and other health professionals from every facet of nutrition support clinical practice, research, and education—are involved in the provision of clinical nutrition therapies, including parenteral and enteral nutrition. They collectively envision an environment in which every patient receives safe, effective, and high-quality nutrition care.

Whereas, Archbishop Desmond Tutu famously said, "There comes a point where we need to stop just pulling people out of the river. We need to go upstream and find out why they're falling in." ASPEN stands as a testament to the great heights that can be achieved when we work in the spirit of mutual uplift. For New York to be the most healthful city in the nation, we must support comprehensive efforts such as these that attempt to address the root cause of chronic illness and disease. We are grateful for allies such as ASPEN, and for this reason, I am pleased to commend this proud organization for its commitment to compassionate change and patient-centered programming.

*Now therefore, I, Eric Adams, Mayor of the City of New York, do hereby proclaim
September 16th - 20th, 2024, in the City of New York as:*

Malnutrition Awareness Week



Eric Adams
Mayor

