



Proclamation

By the Governor of Alabama

WHEREAS, experts agree that nutrition status is a direct measure of health and that good nutrition can keep people healthy and out of healthcare institutions; and

WHEREAS, inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients and minority populations, with older adults having the highest rate of malnutrition compared to other groups; and

WHEREAS, illness, injury and malnutrition can result in the loss of lean body mass, leading to complications that impact good patient health outcomes, including recovery from surgery, illness or disease; and

WHEREAS, nutrition is a human right and a social determinant of health, and malnutrition is intensified by disparities, inequities and social isolation and is further compounded by food insecurity; and

WHEREAS, each day, approximately 15,000 hospital patients with malnutrition go undiagnosed; and

WHEREAS, malnutrition leads to more complications, falls and readmissions, plays roles in cognitive deterioration, decreases functional capacity and affects quality of life; and

WHEREAS, screening, assessment, diagnosis and intervention are key to improving malnutrition in the United States:

NOW, THEREFORE, I, Kay Ivey, Governor of Alabama, do hereby proclaim September 14 through 18, 2026, as

Malnutrition Awareness Week

in the state of Alabama.



*Given Under My Hand and the Great Seal of the
Office of the Governor at the State Capitol in the
City of Montgomery on the 16th day of July 2026.*

Kay Ivey

Kay Ivey, Governor