



STATE of MINNESOTA

Proclamation

WHEREAS: Experts agree that nutrition status is a direct measure of health, and good nutrition is essential to keeping people healthy and reducing the need for costly medical care; and

WHEREAS: Malnutrition refers to deficiencies, excesses, or imbalances in a person’s intake of energy and/or nutrients, it can affect people of all ages and backgrounds, and is especially common among people who are hospitalized, children, older adults, people living with chronic conditions, racially and ethnically diverse communities, and individuals with limited access to healthy and affordable food; and

WHEREAS: Illness, injury, and malnutrition can result in the loss of lean body mass, leading to complications that affect recovery from surgery, illness, or disease; and

WHEREAS: Nutrition is a human right and a key social determinant of health, and malnutrition is worsened by inequities, systemic disparities, social isolation, as well as food insecurity; and

WHEREAS: Disease-related malnutrition is one of the most common forms of malnutrition in the United States; and

WHEREAS: An estimated 20% to 40% of adults in the United States communities are at risk for, or currently experiencing malnutrition; and

WHEREAS: Early screening, assessment, culturally responsive care, and timely intervention are key to preventing and addressing malnutrition, improving health outcomes, and reducing inequities in Minnesota and across the nation.

NOW, THEREFORE, I, TIM WALZ, Governor of Minnesota, do hereby proclaim Monday, September 8, 2025, as:

MALNUTRITION AWARENESS DAY

in the State of Minnesota.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 5th day of September.




GOVERNOR


SECRETARY OF STATE