



# Proclamation

From the Governor of the State of Maryland  
**MALNUTRITION AWARENESS WEEK**  
**SEPTEMBER 8-12, 2025**

- WHEREAS, Experts agree that nutrition status is a direct measure of health, and that good nutrition can keep people healthy and out of healthcare institutions; and
- WHEREAS, Inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients, minority populations, and populations with limited access to resources; and
- WHEREAS, Illness, injury, and malnutrition can result in the loss of lean body mass, leading to complications that impact good patient health outcomes, including recovery from surgery, illness, or disease; and
- WHEREAS, Nutrition is a human right and a social determinant of health, and malnutrition is intensified by disparities, inequities, and social isolation and is further compounded by food insecurity; and
- WHEREAS, 32-54% of hospitalized adult patients and 27% of hospitalized pediatric patients have malnutrition; and
- WHEREAS, Malnutrition leads to longer hospital stays, higher readmission rates, higher likelihood of infection among readmitted patients, and higher mortality rates for hospitalized patients; and
- WHEREAS, Twenty to forty percent of adults in the community are at risk or have malnutrition; and
- WHEREAS, Screening, assessment, diagnosis, and intervention are key to improving malnutrition in the United States.

NOW, THEREFORE, I, WES MOORE, GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim SEPTEMBER 8-12, 2025 as MALNUTRITION AWARENESS WEEK in Maryland, and do commend this observation to all of our citizens.



Given Under My Hand and the Great Seal of the State of Maryland,  
this 8<sup>th</sup> day of September  
Two Thousand and twenty-five

*[Signature]*  
Governor

*[Signature]*  
Lt. Governor

*[Signature]*  
Secretary of State