

A Proclamation

Whereas, Inadequate or unbalanced nutrition, known as malnutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients and populations of color, with older adults having the highest rate of malnutrition compared to other groups; and

Whereas, Illness, injury and malnutrition can result in the loss of lean body mass, leading to complications that adversely impact patient health outcomes, including recovery from surgery, illness or disease; and

Whereas, Disease-related malnutrition is a highly prevalent form of malnutrition; and

Whereas, More than 30 percent of hospitalized adult patients have malnutrition and between 7 to 27 percent of hospitalized pediatric patients may have malnutrition; and

Whereas, Patients with malnutrition have significantly higher hospital costs compared to the average cost of all hospital stays; and

Whereas, Patients with malnutrition have higher mortality rate; and

Whereas, 20 percent to 40 percent of adults in the community are at risk of or have malnutrition, which leads to more complications, falls and readmissions, plays a role in cognitive deterioration, decreases functional capacity and affects quality of life; and

Whereas, We recognize the efforts of medical professionals and advocates for supporting patients with malnutrition and reaffirm our commitment to ensuring all Massachusetts residents have access to quality healthcare,

Now, Therefore, I, Maura T. Healey, Governor of the Commonwealth of Massachusetts, do hereby proclaim September 8th through September 12th, 2025, to be,

MALNUTRITION AWARENESS WEEK

And urge all the residents of the Commonwealth to take cognizance of this event and participate fittingly in its observance.

Given at the Executive Chamber in Boston, this ninth day of September, in the year two thousand and twenty-five, and of the Independence of the United States of America, the two hundred and forty-ninth.

BY HER EXCELLENCY

MAURA T. HEALEY
GOVERNOR OF THE COMMONWEALTH

KIMBERLEY DRISCOLL
LT. GOVERNOR OF THE COMMONWEALTH

WILLIAM FRANCIS GALVIN
SECRETARY OF THE COMMONWEALTH