



Proclamation

By the Governor of Alabama

WHEREAS, experts agree that nutrition status is a direct measure of health; and

WHEREAS, malnutrition, known as inadequate or unbalanced nutrition, is prevalent in many groups, including vulnerable populations such as hospitalized patients, minority populations and populations with limited access to resources; and

WHEREAS, illness, injury and malnutrition can result in the loss of lean body mass, leading to complications that impact good patient health outcomes, including recovery from surgery, illness or disease; and

WHEREAS, nutrition is a human right and a social determinant of health. Malnutrition is intensified by disparities, inequities and social isolation and is further compounded by food insecurity; and

WHEREAS, malnourished patients have two times longer hospital stays compared to patients with no malnutrition. Between 32 and 54 of hospitalized adult patients have malnutrition and up to 27 of hospitalized pediatric patients have malnutrition; and

WHEREAS, the 30-day hospital readmission rate is more than two times higher than patients without malnutrition, and readmitted malnourished patients are twice as likely to be diagnosed with an infection; and

WHEREAS, the rate of mechanical ventilation is twice as high in patients with malnutrition. Malnourished patients have two times the mortality rate of all hospitalized patients and 20 to 40 percent of adults in the community are at risk or have malnutrition; and

WHEREAS, disease-related malnutrition is a highly prevalent form of malnutrition. Screening, assessment, diagnosis and intervention are key to improving malnutrition in the United States;

THEREFORE, I, Kay Ivey, Governor of the State of Alabama do hereby proclaim September 8 through 12, 2025, as

Malnutrition Awareness Week

in the state of Alabama in recognition of their efforts in improving malnutrition in our state.

Given Under My Hand and the Great Seal of the
Office of the Governor at the State Capitol in the City
of Montgomery on the 27th day of June 2025.

Kay Ivey
Kay Ivey, Governor

