

Conference Program



Sessions are both in-person and virtual unless marked with  for in-person only.

PRECONFERENCE COURSES*

SATURDAY, FEBRUARY 13

- 7:00 AM – 11:00 AM** *Pediatric Preconference Course • Pediatric Critical Care (PPC-2027)*  Explore current research, treatment strategies, controversies, and challenges in providing nutrition support for critically ill pediatric patients. Topics include: indirect calorimetry; nutrition therapy during ECMO and CRRT; a review of current research and literature; plant-based and extensively hydrolyzed formulas; best practices for children with complex medical conditions; nutrition care after PICU discharge; and feeding children receiving vasopressors.
- 7:00 AM – 12:30 PM** *Physician Preconference Course • Comprehensive Nutrition Therapy: Tactical Approaches in 2027 (PHY-2027)* Engage with physicians who integrate nutrition into their patients' treatment plans and underscore its impact on patient outcomes. Sessions cover nutrition care in a variety of topics, including oncology, inflammation, gastroenterology, and critical care. The course will conclude with presentations of complex clinical case vignettes. CE credit is offered for physicians only; all healthcare professionals are welcome. Student and trainee registration is free with proof of training status.

MAIN CONFERENCE PROGRAMMING*

SATURDAY, FEBRUARY 13

- 11:00 AM – 12:15 PM** **Section Forums** 
- Neonatal Section: Connect, Collaborate, Converse: A Neonatal Nutrition Networking Forum
 - International Clinical Ethics (IC Ethics) Section: Ethical Principles and Decision-Making Frameworks for the Nutrition Support Professional
- 11:00 AM – 12:30 PM** **Corporate Symposia**
- 1:00 PM – 2:15 PM** **President's Address (SA10)**
Sharon Y. Irving, PhD, RN, CRNP, FCCM, FNAP, FAAN, FASPEN
- 2:30 PM – 4:00 PM** **Breakout Sessions**
- Advancing a Global Consensus Framework for Diagnosing Pediatric Malnutrition Across Clinical Settings (SA20) 
- Intestinal Rehabilitation: Pathophysiology and Drug Development Translate into New Therapies and Care Recommendations for Short Bowel Syndrome (SA21)
- ASPEN Cardiac Guidelines (SA22)
- Tube Feeding in the Real World: A Hands-On Guide to Enteral Nutrition Access and Administration (SA23)  
- Nutrition and Metabolism Research Paper Session: Critical Care and Critical Health Issues (SA24)

*Tentative schedule as of 09/02/26. Visit nutritioncare.org/2027conference for course details and most current information. All times are listed Central Time.

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4:00 PM – 5:30 PM **ASPEN EXPO Opening Reception** 

6:00 PM – 7:15 PM **Section Forums** 

- Dietetics Practice Section: From Inquiry to Impact: Embedding Research and QI into Nutrition Workflows
- Medical Practice Section: Roundtable Discussion: Opportunities and Challenges for Physicians in Nutrition Support
- Nutrition Support Nurses Section: Practice Pearls & Peer Power: The Nutrition Support Nurses' Exchange
- Pharmacy Practice Section Forum

7:30 PM – 9:00 PM **Corporate Symposia**

SUNDAY, FEBRUARY 14

6:00 AM – 7:30 AM **Corporate Symposia**

8:00 AM – 9:15 AM **Keynote Address (SU10)**

Paule V. Joseph, CRNP, PhD, MBA

9:00 AM – 2:00 PM **Exhibits, Posters, and Innovation Theaters** 

9:30 AM – 10:30 AM **Poster Presentations** 

10:30 AM – 12:00 PM **Breakout Sessions**

GI Disorders and Nutrition Support (SU20)  

Assessing and Feeding Patients in the ICU (SU21)  

Hot Topics and Clinical Pearls in Oncology Nutrition Support (SU22)  

Pediatric Skills Lab (SU23)    

10:30 AM – 12:30 PM **Breakout Session**

Premier Paper Session and Vars Award Competition (SU24) 

1:00 PM – 2:00 PM **Peggi Guenter Excellence in Clinical Practice Award Lecture (SU30)**

2:15 PM – 3:30 PM **Section Forums** 

- Pediatric Intestinal Failure Section: One Team: Let's Get Together and Talk IF
- International Clinical Nutrition (ICNS) Section: Equity in Clinical Nutrition: Bridging the gap between high- and low-resource settings
- Critical Care Section: High versus Low Protein in Critical Illness: Reconciling Conflicting Evidence and Translating Contemporary Trials into Clinical Practice
- Home and Alternate Site Care Section: Beyond Awareness: Putting Emerging Trends into Practice

2:15 PM – 3:30 PM **Charles Van Way III Nutrition Research Discoveries Symposium and Celebration (SU31)**

3:45 PM – 5:15 PM **Breakout Sessions**

Intestinal Failure: Does Your Practice Match the Recommendations? (SU40) 

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Obesity Therapies in Adults (SU41)
 System Resilience During Disasters: Maintaining Nutrition Support Continuity in the Face of Cyber and Supply Chain Disruptions (SU42) 
 Advanced Nutrition Skills Lab: Utilizing Computed Tomography, Bedside Ultrasound, and Indirect Calorimetry in Clinical Practice (SU43)
 Nutrition and Metabolism Research Paper Session: Parenteral Nutrition Therapy (SU44) 

7:30 PM – 9:00 PM Corporate Symposia

MONDAY, FEBRUARY 15

6:00 AM – 7:30 AM Corporate Symposia

8:00 AM – 9:15 AM Rhoads Research Lecture and Awards Ceremony (M10)

9:00 AM – 2:00 PM Exhibits, Posters, and Innovation Theaters 

9:15 AM – 10:15 AM Poster Presentations 

10:30 AM – 12:00 PM Breakout Sessions

Updates on Malnutrition Risk Screening, Assessment, and Diagnosis (M20)
 Nutrition Support Meets Ethics: Advancing Changes in Clinical Practice (M21)
 Nutrition Support in the Real World: Financial Models, Workflow Design, and Paths to Sustainability (M22)   
 Basic Skills in Parenteral Nutrition Management – Part A (M23)   
 Nutrition and Metabolism Research Paper Session: Pediatric, Neonatal, Pregnancy, and Lactation (M24) 

1:00 PM – 2:00 PM Bruce R. Bistrian Nutrition Mentorship Award Lecture (M30)

2:15 PM – 3:30 PM Section Forums 

- Pediatrics Section: Spark Ideas, Share Perspectives, and Shape the Future
- Ibero-Latin American (ILAS)
- Oncology Section Forum
- Drug-Nutrient Interaction Section: Can You Make the Right Call? The Drug-Nutrient Interaction Challenge
- Research Section Forum

3:45 PM – 5:15 PM Breakout Sessions

Managing Refeeding Syndrome in Pediatric and Neonatal Patient Populations (M40) 
 The Home Parenteral Nutrition Relay Race: Passing the Baton from Hospital to Home for Patients (M41)  
 Diet, Digestion, and Distension: A Nutrition-Centered Approach to Bloating (M42)
 Nutrition and Metabolism Research Paper Session: Enteral Nutrition Therapy (M43) 
 Roundtable Sessions (RT1)  

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6:00 PM – 7:30 PM Corporate Symposia

TUESDAY, FEBRUARY 16

6:00 AM – 7:30 AM Corporate Symposia

8:00 AM – 9:30 AM Dudrick Research Symposium (T10)

Planned by the 2026 Stanley J. Dudrick Research Scholar Award Winner, Hassan Dashti, PhD, RD, FASPEN

9:45 AM – 11:15 AM Breakout Sessions

Management of the GI Surgical Neonate (T20) 

2026 ASPEN Safe Practices for Enteral Nutrition Therapy: Safety, Access, and Clinical Application (T21)  

Trauma Hurts - Feeding Makes Things Better (T22)

Basic Skills in Parenteral Nutrition Management - Part B (T23)   

Nutrition and Metabolism Research Paper Session: Malnutrition and Nutrition Assessment (T24)

12:00 PM – 1:30 PM Breakout Sessions

Defining Malnutrition in Children with Neurological Impairment (CNI): An International Collaboration (T30) 

Parenteral Nutrition Through the Lifecycle: Navigating Safety Considerations in Compatibility and Stability Across Care Settings (T31)  

Nutrition Across the Cardiovascular Continuum: From Prevention to Critical Care (T32)

Exclusive Human Milk Diets and Beyond: Evaluating Evidence for Preterm Nutrition (T33) 

Nutrition and Metabolism Research Paper Session: GI, Obesity, Metabolic, and Other Nutrition-Related Concepts (T34)

1:45 PM – 3:15 PM Breakout Sessions

Pediatric Parenteral Nutrition Showdown: Jeopardy-Style Challenge for Interprofessional Nutrition Experts (T40)  

Off the Table, Out of the Bag? Evidence-Based Allergy Assessment and Decision-Making in Parenteral Nutrition (T41)  

Bridging Nutrition Gaps: Enhancing Collaboration Through Strategic Dietitian Documentation (T42) 

Optimizing Nutritional Care in a Limited-Resource Environment (T43) 

Roundtable Sessions (RT2)  

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