





INTERNATIONAL PARENTERAL & ENTERAL NUTRITION NEWSLETTER

ISSUE 8 • MARCH 2020

Welcome to another edition of iDEN. Our first for 2020



Dr Theodoric Wong

My name is Theodoric Wong and I am the Acting Chair of ICNS.

I would first like to thank retiring chairman **Stanislaw Klek**

for his

contributions to ICNS over the past few years. His dedication to advancing nutritional care in surgical patients both in his home country and around the world has earned him much respect in the international community. He was also the organiser and host for the ESPEN congress last year in Poland, which was a tremendous achievement.



Theo Wong (right) with Dr Dudrick (centre) and Gil Hardy (left) at ASPEN 2019

We are all saddened by the loss of **Professor Stanley Dudrick, MD**, the father of parenteral nutrition. His work has impacted on patients' lives in the last 50 years and will continue to make a

tremendous difference in decades to come. He was not only a fantastic clinician but also a much revered mentor as he took the time to foster health care professionals all around the world. We were delighted and privileged that Dr Stanley and his wife Terri, joined our ICNS party as honoured guests at last year's ASPEN congress. He has truly been an inspiration and will be sadly missed but never forgotten.

Subject to further developments in the COVID-19 pandemic, there are a number of **international** nutrition/intestinal failure conferences which are coming up in 2020. The World Congress for Paediatric Gastroenterology, Hepatology and Nutrition will be held in Copenhagen from the 3–6 June. The International Paediatric Intestinal Failure and Rehabilitation Symposium will be held in Toronto from the 26-28 June. **ESPEN** will be in Lyon from 19-22 September and **PENSA** will be in Bangkok from the 29-31 October.

Recent important publications include the **UK NICE Neonatal Parenteral Nutrition guidelines 2020**. The neonatal group of patients are vulnerable when it comes to malnutrition. NICE has published its recommendations to clarify a number of areas regarding provision of PN, including indications, venous access, light

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protection, macronutrient provisions and their ratios, calcium and phosphate provision and their ratios, standard bags, monitoring, service design as well as information for parents and carers. See page 13.

In the light of the recent cancellation of ASPEN20 conference, ICNS will be holding a virtual Section Forum and AGM later in April. Sadly none of us will be able to participate in our annual social party, which promised to be great fun, and we are indebted to Medtrition for their sponsorship. Despite all the concerns about the COVID-19 pandemic, feel free to celebrate our international friendships and collaborations in your own way in your own country.

Dr Theo Wong Acting Chair of ICNS

"On the shoulders of Giants"

A number of our much loved exceptional leaders in clinical nutrition around the world recently passed away and will be greatly missed. They include, **Dr**

Stanley Dudrick, first President of ASPEN, in USA, **Dr Josef Patiño**, pioneer in Colombia and Latin America, **Professor John Lennard-Jones**, first President of

BAPEN, in UK, **Dr Coluthur Gopalan**, Indian government advisor. See pages 2–4 for *Tributes and Obituaries: To Nutrition Giants* for these remarkable men.

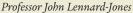
Tributes and Obituaries: To Nutrition Giants





Dr Josef Patiño







Dr Coluthur Gopalan

Each of these great men of science and medicine were innovators and were responsible throughout their careers for advancing the science and practice of nutrition. They influenced other health professionals, not only in their own countries but by their dedication and the high standards they established for all of us in the international community to follow.

Dr Stanley J. Dudrick

Two years ago, in issue 2 of **IDEN** in 2017, we published a Tribute to Dr Dudrick, written by ICNS Chairman, Prof. Stanislaw Klek and immediate Past Chairman, Prof. Gil Hardy, on the occasion of his receiving the first *Life Time Membership of* **ASPEN**. We ended our tribute with a quotation from one of Dr Dudrick's seminal publications "Intravenous feeding promises to be a powerful tool for basic investigations in biochemistry, pharmacology and nutrition. The role of hormones, amino acids, vitamins, minerals and fatty acids can be studied in animals and in man under conditions of control formerly unattainable. The degree to which immune mechanisms can be altered by intravenous diets of selected amino acids may be significant in facilitating successful tissue transplants. Most potential applications of intravenous feeding remain to be explored."

We are both proud to have known Dr Stan for many years and to have been invited to contribute to the ASPEN Tribute to Our First President and Founding Father, collated by **JPEN Editor in Chief**, **Dr Kelly Tappenden**, co-authored by many past presidents and other ASPEN VIP which has been published in *JPEN 2020*: 44;159–171s.

Oblinary

Tributes to Our First President and Founding Father, Stanley
J. Dudrick, MD, FACS, FASPEN

Indicated the Stanley of the Stanley of

Extracts of eulogies for Dr Dudrick by his friends and colleagues, include:

"With the passing of Dr Dudrick, medicine has lost one of its most inspirational leaders," said ASPEN President, Lingtak-Neander Chan, PharmD. "Dr Dudrick's legacy goes far beyond his pioneering research. While he continued as the seminal scientist in the development of PN, throughout his life he also chaired the surgery department at 4 institutions, authored textbooks and hundreds of journal articles, and taught and mentored countless physicians and other healthcare providers. Dr Dudrick will be remembered as a healer and visionary, whose kindness has deeply touched many people, and whose achievements have changed the lives of many."

"Dr Dudrick truly nourished other medical and healthcare professionals. He always found the time to meet with physicians, scientists, clinicians, and students from around the world to answer questions about his research and nutrition. ASPEN's archives are filled with letters of appreciation – and wonder – at his generosity, knowledge, and compassion," said Marion Winkler, PhD, RD, President of the ASPEN Rhoads Research Foundation and ASPEN's 30th president.

"ASPEN's interdisciplinary membership and approach reflect one of the principles that guided Dr Dudrick's life and marked his brilliant and life-changing career," said **ASPEN's 8th president**, **Ezra Steiger**, **MD**. "He practiced collaboration from the earliest days of his research when he reached out to other physician specialists, basic scientists, pharmacists, nurses, dietitians, and medical suppliers."

"Our condolences go out to Dr Dudrick's family and friends. Our thoughts are with his wife Terri (Theresa), who had been at his side since medical school and to his six children – Susan Marie, Stanley Jonathan, Holly Anne, Paul Stanley, Carolyn Mary, and Anne Theresa – who shared their father with laboratory experiments, patients, and medical students," said ASPEN Chief Executive Officer, Wanda Johnson.





Dr Dudrick with his famous beagle 'Stinky' and one of his first long term HPN patients

José Félix Patiño Restrepo, MD, FACS (Hon)



"For a person who has been fundamentally a teacher all his life, this is the maximum recognition that one can have. This is an academic achievement that has the greatest meaning for me".

'These were the words in

December 2011, of Dr JFPR, who died in February 2020, when the Ministry of Education awarded him the SB GMO Award (report in *El Espectador*, December 5).

"This is how I would like to be remembered: as a great teacher". Of so many awards and tributes he received throughout his life, this, delivered by the then president of Colombia, Juan Manuel Santos, was the one that gave him the most satisfaction.

Dr José Félix Patiño Restrepo introduced the concept of clinical nutrition in Colombia and Latin America, becoming the father of parenteral nutrition and nutrition support in this region. However, if we attempted to write down all of his works, contributions, and achievements, we would be short on space.

I want to finish with this phrase that invites study and continuous self-reflection: "Nutrition, like surgery, is a profession, not just a job" His absence evokes an overwhelming feeling of emptiness that is palpable both in a physical and spiritual sense. Yet, for all of us who had the opportunity to learn from Dr Patiño, we will carry his teachings with

us daily. These teachings will live on in our writings, in our work, and in our constant effort to achieve perfection.



Written by Patricia Savino Lloreda, RD, MBA

[receiving associate membership of the National Academy of Medicine, Colombia from Dr Patiño]

Professor John Lennard-Jones



John Edward Lennard-Jones, first Chairman of the British Association of Parenteral and Enteral Nutrition (BAPEN) was a pioneering English gastroenterologist, known affectionately to his colleagues as "LJ."

who died in March 2019, aged 92 years.

He was a caring and astute physician, a gentle but inspirational teacher, and a prodigious clinical researcher. Colleagues remember him affectionately as "an egg-head with a total command of the world literature...who was a walking reference base." and recall that no one who worked with him ever had a bad word to say about him.

John Lennard-Jones began working for the Medical Research Council (MRC) burns unit in Birmingham, and then joined the internationally famous gastroenterologist Sir Francis Avery Jones at London's Central Middlesex Hospital. Following a stint in research at University College Hospital he returned to the Central Middlesex, where he became a member of the MRC's Gastroenterology Unit. In 1974 he moved to the London Hospital Medical College, where, three years later, he was awarded a personal chair in gastroenterology. His final clinical appointment was at St Mark's Hospital as a professor emeritus.

The skill and dedication of John Lennard-Jones contributed greatly to advances in the understanding and treatment of inflammatory bowel disease (IBD). Over the years he grew increasingly aware of the importance of good nutrition to patients with IBD and intestinal failure (IF) and was **one of the first in the UK to establish a high-quality nutritional support team (NST)**, insisting that nurse specialists have a major role in

Continued on page 4...

the team. He was also a pioneer in the introduction of home parenteral nutrition (HPN), encouraging iPEN editor, Gil Hardy and research fellow Dr Jeremy Powell-Tuck to invent the 3 litre PN bag and always giving patients the confidence and the know-how to go home and to manage the PN bags themselves. Prof. Lennard-Jones was a natural choice to chair the King's Fund 1992 working party on the role of enteral and parenteral feeding in hospital and at home that lead to the formation of BAPEN in 1992, which he chaired until 1995, when the John Lennard-Jones medal was established in his honour "For significant and consistent contribution to BAPEN over many years".

Colleagues describe LJ as a modest man who lived in a modest way. He had compassion and a huge sense of duty. He was a committed Christian who believed in the value of service to others.





LJ with Susanne Wood, one of his first PN nurses at her retirement Compiled from official obituaries and tributes by Gil Hardy.

Dr Coluthur Gopalan, MD "The father of Nutrition Sciences in India"



Professor Coluthur Gopalan, a scientist of international eminence, who had spearheaded nutrition science for over four decades in India, passed away in Chennai, India in October 2019. He was the first Asian to be elected the President of the International

Union of Nutrition Sciences (IUNS) and had been on several WHO expert panels.

Professor Gopalan's professional career in nutrition research started at the Nutrition Research Laboratory (NRL), founded by Dr Robert McCarrison under the British Empire. In the late 1950s, NRL moved to Hyderabad, and Gopalan took over as Director in 1962. The Indian Dietetic Association (IDA) was also founded in 1962 in Kolkata by Prof. Kalyan Bagchi as

Secretary and Dr Gopalan as the first President. He was also actively involved in initiating the Asian Congress of Nutrition.

In 1969 during its Golden Jubilee, NRL was designated as the 'National Institute of Nutrition' (NIN) which had been nurtured by Dr Gopalan during the 14 years that he was its Director.

In 1973, Gopalan moved to New Delhi to take over as the Director-General of the Indian Council for Medical Research (ICMR). During his tenure (1974-1979), he promoted research in communicable diseases and modernized several of the ICMR research institutions, initiating a number of nutrition interventions, such as the Integrated Child Development Services (ICDS), the midday meal scheme for school children, vitamin A and Iron supplementation and the goiter prevention programme. Under his direction, over 500 Indian foods were analysed for their Nutritive Values. This work was used for calculating dietary in-take of all nutrients and made India the first developing country to have its own recommended dietary allowances (RDA).

"Gopalan was a visionary institution builder. He viewed medical and nutrition science from a holistic perspective and always wanted to address them taking a multi-disciplinary and multi-sectoral approach. His contributions to medical science in general and nutrition science in particular are immense. He, in fact, brought nutrition to centre stage and was instrumental in putting it as an important driver in developmental plans and policies of the country," said Balram Bhargava, current director-general of ICMR.

Dr Gopalan retired from government service in 1979, but not from service to the nation. In 1980 he created the Nutrition Foundation of India (NFI), which has a wide interdisciplinary research network in the country, now under the able direction of his son, paediatric gastroenterologist Dr Sarath Gopalan.



Compiled from official obituaries by iPEN editor, Gil Hardy, pictured with Dr Gopalan at ISPEN 2000

★★★ CONGRATULATIONS ★★★



Professor Paul Wischmeyer Receives Esteemed George Blackburn Mentorship Award from ASPEN



The ASPEN Rhoads Research Foundation has named Professor Paul Wischmeyer, MD, EDIC, the 2020

Prof. Paul Wischmeyer

recipient of the George Blackburn Research Mentorship Award; the highest award for mentorship that ASPEN bestows.



The late George Blackburn, MD, PhD

This award recognizes career-long exemplary work inspiring, encouraging and challenging the next

generation of nutrition therapy researchers. The award selection committee chose Paul for this award based on his impressive track record of mentoring fellows, residents and others in the area of clinical nutrition and metabolism, which they call "critical to the future of nutrition."

"I am incredibly honored to receive this award from ASPEN as it recognizes perhaps my greatest passion in my academic medical career – the mentoring and development of the next generation of clinical nutrition scientists who are so desperately needed to carry on the incredible example and legacy that the pillars of our field, like Dr Blackburn, established for us in their illustrious careers," said Dr Wischmeyer, adding "Ilook forward to the opportunity to honor Dr Blackburn's legacy by continuing to train the next generation of nutritionscientists who continue to improve the care of patients worldwide."

Paul Wischmeyer is Professor of anesthesiology/critical care medicine and associate vice chair for clinical research within Duke Anesthesiology. He also serves as the director of the PN/Nutrition Support Team at Duke University Hospital in Durham, North Carolina USA. Paul was due to receive the award at the Rhoades Celebration of Research Reception and to be guest speaker at the ICNS Section Forum during the ASPEN 20 congress at the end of March.

Professor Ana Maria Menendez receives recognition as a fellow of ASPEN (FASPEN)

Ana Maria is the Founder and Executive Director for the



Prof. Ana Maria Menendez

Instituto Argentino de Educación Investigación en Nutrición -IAEDIN, since 2006 and **Scientific** Coordinator

for Interdisciplinary Courses of post graduate Enteral and Parenteral Nutrition. Drug and Nutrient interactions in the Pharmacy and Biochemistry College, Buenos Aires University - UBA and a recognized expert in trace elements in clinical nutrition.

Dra Vanessa Fuchs



Dra Vanessa Fuchs

has recently received the Dr Maria Elena Anzures Lopez 2020 award from the General Hospital of

Mexico in recognition of her investigational and educational activities in clinical nutrition.



Forty Third ASPEN Presidential Address:

"Our Time Is Now - Challenges and Strategies for the Field of Nutrition"

By Dr Nilesh M. Mehta, MD. just published in JPEN, March 2020. https://doi.org/10.1002/jpen.1810



Dr Nilesh M. Mehta, MD



Dr Stanley

Dudrick,

recognized

around the world

ASPEN News

ASPEN mourns the loss of Stanley Dudrick, MD, FACS, Founder and First President of ASPEN



for his pioneering research and leadership in the

Dr Stanley Dudrick development of

parenteral nutrition, passed away on January 18, 2020, at his home in New Hampshire. Dr Dudrick's research and continuing commitment to the science of nutrition led to one of the most important advances in modern surgery, saving the lives of

millions of acutely ill adults and children through parenteral nutrition therapy.

Special Tributes to Dr Dudrick by past ASPEN presidents and other VIP can be seen on pages 2–3.

ASPEN Town Hall Webinar

ASPEN Leaders held a Town Hall webinar to update members on 2019 achievements and planned activities for 2020.

The meeting was chaired by **Senior** Director, Peggi Guenter who introduced President, Lingtak-**Neander Chan** who outlined the four pillars of ASPEN's mission and vision, emphasising the importance of all member volunteers, without whom ASPEN would have difficulty meeting all its goals. CEO, Wanda Johnson, then reported on the successful achievements of 2019, notably the excellent collaboration with the British and Canadian societies, BAPEN and CNS, for the very successful Malnutrition Awareness Week. This collaboration will continue for the next MAW from 5th-9th October 2020. More

international involvement occurred during the year with ASPEN providing speakers at the ESPEN, FELANPE, PENSA and UAE congresses.

Sixteen educational webinars were held, two new books were published and the eLearning center continued supporting the online self-assessment and other educational programmes.

Phil Ayers, **Secretary/Treasurer**, reported a surplus of over \$71,000 on a revenue of \$5.3m for the fiscal year to September 2019, with generous grants for the Rhoads Research Fund.

For 2020, two new books on Parenteral Nutrition and Fluid/Electrolytes will be published and new Apps for ASPEN and the JPEN/NCP



journals will be launched. Four new clinical guidelines are in development, including two covering paediatrics. The team expressed thanks and their gratitude to the ASPEN office staff, who will carry out more staff visits to ASPEN chapters during the year.

ASPEN21 will be held in Denver Colorado 20–23 March 2021. Submit proposals for topics and educational sessions by 24 April at www.nutritioncare.org/ SessionProposal. Abstract submissions open in July 2020. See: nutritioncare.org/abstracts

ASPEN Section Volunteer Opportunities

Several ASPEN sections – Critical Care, Dietetics Practice, Neonatal, Nutrition Support Nurses, Pediatric Intestinal Failure, Pediatrics, Pharmacy Practice, and Student – have multiple volunteer leadership opportunities for members for the coming year.

ICNS encourages more international representation in these sections. If you are interested, please email Salewa Akintilo, **salewaa@nutritioncare.org**

ASPEN Malnutrition Awareness Week™ videos remain available

If you were unable to participate in Malnutrition Awareness Week™ educational offerings last September, you still have the opportunity to see several educational videos produced by ASPEN on various malnutrition

topics. These short, on-demand videos, ideal for busy clinicians, can be viewed anytime, anywhere.

Check out all of the resources at the **Malnutrition Solution Center** and share them with your colleagues! Save the Date:
Malnutrition
Awareness
Week™
October 5–9
2020

ASPEN advice on Coronavirus epidemic

With the coronavirus (COVID-19) pandemic spreading globally, ASPEN wishes to remind all clinicians that nutrition care is vital, particularly in patients with infections:

- Malnourished hospitalized patients are associated with higher hospital costs, longer stays, and increased mortality. See ASPEN's malnutrition infographic.
- The ASPEN Value Project revealed significant economic value and improved outcomes for patients who are acutely ill

with nutrition support. Sepsis is just one of the therapeutic areas where nutrition support has been associated with a decreased ICU length of stay and mortality.

The society has many resources to help clinicians and providers to care for patients, especially the critically ill, including resources on enteral nutrition and resources on parenteral nutrition. See nutritioncare.org/ENresources and nutritioncare.org/PNresources.

ASPEN Value Project reveals \$580M in Medicare savings with Nutrition Support Therapy

A study recently published in *JPEN* finds that nutrition support therapy for specific hospitalized populations could reduce Medicare costs by a projected \$580 million each year. *Value of Nutrition Support Therapy: Impact on Clinical and Economic Outcomes in the United States*.

Renay Tyler, DNP; Albert Barrocas, MD; Peggi Guenter, PhD, RN; Krysmaru Araujo Torres, MD, MSPP; Matthew L. Bechtold, MD; Lingtak–Neander Chan, PharmD; Bryan Collier, DO. *JPEN January* 2020. https://doi.org/10.1002/jpen.1768

ASPEN 2020 CONFERENCE CHANGED TO VIRTUAL

Last Days to Register at nutritioncare.org/Conference

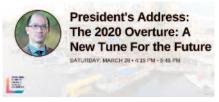


STRONG INTERNATIONAL INTEREST TO ATTEND CONFERENCE

Due to health and safety concerns brought on by the coronavirus (COVID-19), ASPEN made the right decision by changing its inperson conference to a virtual event. Much of the original program has been retained: 2 preconference courses; 25 conference sessions including the President's Address, Keynote, Dudrick Symposium, Rhoads Lecture, corporate sponsored programs, and more.

Over 200 international delegates have registered to join virtually. Delegates who miss the virtual conference can catch up through session recordings which will be available on the ASPEN eLearning Center at nutritioncare.org/elearning in a few weeks time.

ASPEN President, Lingtak-Neander Chan's address will be a highlight which will be posted in the ASPEN eLearning Center



President, Professor Lingtak-Naeder Chan

afterwards and available later as a *JPEN* publication.

Invited International guest speakers at ASPEN20 includes the Rhoads Research Lecture:

Professor Mette Berger, MD, PhD, from Switzerland.

ASPENZO RHOADS
RESEARCH LECTURE
The Role of Individualized
Nutrition and Micronutrient
Therapy in Outcome After
Critical Illness
Mette Berger, MD, PhD



Of the 54 international abstracts selected for poster presentations, 12 were from Canada and 9 were from Latin America. Several international abstracts were chosen for oral presentations, including: "Establishing a laboratory method to examine the use of antimicrobial intravenous catheter

locks" by Peter Austin, PharmD PhD (UK) and "Benefit of 20g partially hydrolysed guar gum (PHGG) intake prior to pelvic radiation on diarrhea frequency and microbiome growth: a randomized clinical trial" by ICNS member Hazreen Abdul Majid, RD, PhD (Malaysia).

The BEST International Abstract selected for presentation at the ASPEN20 Congress was:



Hellin dos Santos, MSc

Hellin dos Santos, MSc [BRASIL]

"A specialized nutritional formulation protects against memory deficits induced by

intracerebroventricular infusion of amyloid-β peptide oligomers (AβOs) in mice"

Other International Abstracts of Distinction:

Abdulsalam Aliyu, MBBS, MSc [UK]

"Gastrointestinal responses to nasogastric tube feeds assessed by MRI: the role of alginate"

Christina Belza, PhD(c), MN, BScN [CANADA]

"Strength and Agility is positively related to Fat Free Mass and Bone Mineral Density in Children with

Intestinal Failure on Parenteral Nutrition"

Chiara D'Eusebio, MD [ITALY]

"Survival and parenteral nutrition dependence in patients with chronic intestinal failure on home parenteral nutrition (HPN): experience over a 30-year period in the Regional Reference Centre of Turin (Italy)"

Ronaldo Oliveira Filho, RD [BRASIL]

"Impact of parenteral infusion of fish oil containing lipid emulsion on lipid peroxidation and antioxidant defenses in rat liver"

Rongrong Li, MD [CHINA]

"Ground-breaking application of raw corn starch-based diet in patients with insulinoma: a beforeafter prospective study"

Diana Mager, PhD, MSc, RD [CANADA]

"Does sarcopenia in children with end-stage liver disease (ESLD)

adversely impact post-operative clinical outcomes?"

Lisa Martin, PhD, RD [CANADA]

"A training program for computed tomography (CT) body composition assessment designed for Registered Dietitians: A pilot study"

Tatsuto Nishigori, MD, PhD, FACS [JAPAN]

"Changes in skeletal muscle mass during two years after esophagectomy: a prospective cohort study"

Jessica Que, BSc [CANADA]

"The Impact of Daily Probiotics on the Incidence and Severity of Necrotizing Enterocolitis in Very Low Birth Weight Infants"

International Posters of Distinction

Luis Ortiz, MSc [CANADA]

Katherine Venneri, MSc, FN(c) [CANADA]

New ASPEN T SHIRT logo decided by majority vote of members





International Clinical Nutrition Section News

Who's Who in ICNS



Professor Maria Cristina Gonzalez

Professor Maria Cristina
Gonzalez, MD obtained a
Bachelor's in Medicine from
Pontificia Universidade Católica de
Campinas, Brazil (1982), a master's
in Epidemiology from Universidade
Federal de Pelotas (1999) and
doctorate in Epidemiology from
Universidade Federal de Pelotas
(2002). During her Ph.D., she
stayed four months in the Obesity
Research Center at St Luke's

Roosevelt, Columbia University, NY, USA and then in 2013 carried out Post-Doctoral research at Pennington Biomedical Research Center in Louisiana State University, USA, where she has retained the position of Adjunct Instructor in Metabolism and Body Composition Lab. Cristina is a Professor at the Catholic University of Pelotas, working at the graduation level of Medical School and Postgraduate Program in Health and Behavior, and is an Associate Professor for the Postgraduate Program in Nutrition and Food, and the Postgraduate Program in Epidemiology, at the Federal University of Pelotas. She has experience in Medicine and Nutrition, focusing on body composition, researching the following subjects: nutritional assessment, bioelectrical impedance analysis, nutritional support in surgery, elderly, and oncology. Cristina is a long time member of ASPEN for over 20 years and has contributed to several working groups, notably the recent GLIM ASPEN/ESPEN recommendations on defining and treating malnutrition.



Dr Charles E. Bermúdez P.

Dr Charles E. Bermúdez P., MD, FACS is President of the Colombian Association Of Clinical Nutrition (ACNC) and Chief of Nutrition and Nutritional Support in the Clinica la Colina, part of the Clínica del Country hospital group in Bogota, Colombia.

Dr Bermúdez is a general surgeon, specializing in laparoscopy and

in medical law and is Professor of the National Cancer Institute. He has been a member of ASPEN for six years and is a Fellow of the American College of Surgeons. One of Charles' passions, besides nutrition, is sea diving. He is a Dive Master, one of the highest ranks in diving for which you require multiple qualifications such as diver medicine and rescue competencies.



The board of the ACNC

Who's Who in WASPEN



Udo-Christopher, Uzoamaka C.

Mrs Udo-Christopher,
Uzoamaka C. is a registered
Nurse/Midwife/Critical Care
Nurse and member of WASPEN.
She has a bachelor's degree in
Nursing Science from Texila
American University in Guyana
and is a member of Nigeria Society
of Critical Care Nurses. With over
15 years of clinical practice in the

hospital, her passion for uncompromised care has led to opportunities to provide several basic nursing courses in critical care at University of Jos Teaching Hospital in Nigeria. In addition, she is currently the coordinator of an intensive care unit at Delta State University Teaching Hospital in Oghara, Nigeria. Her interest in parenteral nutrition for critically ill patients in the intensive care unit has made her a registered member of WASPEN. She is ecstatic to have the privilege to not only collaborate with ASPEN through WASPEN, but also work with Dr Teresa Pounds and her ICNS colleagues. She looks forward to advocating for critically ill patients in dire need of parenteral nutrition. She currently resides in Delta State, Nigeria, and is happily married with children.

New Senior Leadership Team (SLT) for ICNS

Acting Chair, Dr Theo Wong and Acting Chair-elect, Dr Eliza Francisco, pictured right, will be presented to the ICNS membership as the leadership slate for 2020–2022. The slate will be presented at the ICNS

Virtual Forum in April (date to be determined).

If you are interested in joining the SLT or becoming more active in ICNS, please email Dr Theo Wong: **theowong@hotmail.com**

Acting Chair, Dr Theo Wong and Acting Chair-elect, Dr Eliza Francisco



Books and Key Publications from ICNS Members and Other International Authors

Stanley Dudrick: A Man Who Dared to Change What We Used to Know. Klek, S,. Hardy, G.

Clin. Nutr. March 2020 (in press)

100-y Anniversary of Harris-Benedict Equation.

Szczygiel, B., Klek, S., Skronski, M.K., Ukleja, A., Slodkowski, M. Nutrition. 2020; 2. doi: 10.1016/j.nut.2019.

Tributes to our First President and Founding Father, Stanley J. Dudrick, MD, FACS, FASPEN.

Tappenden, K.A., Dudrick, S.J. Jr, Chan, L.N., Daly, J.M., Steiger, E., Barrocas, A., Compher, C., Winkler, M.F., Kliger, R.G., Yu, J., Klek, S., Hardy, G., Pimiento, J.M., Bishop, J., Bond, B., Tillman, E.M.

JPEN. 2020 Feb;44(2):159–171. doi: 10.1002/jpen.1812.

Protein Requirements in Critical Illness: Do We Really Know Why to Give So Much?

Leyderman, I., Yaroshetskiy, A., Klek, S.

JPEN. 2020 Feb 11. doi: 10.1002/jpen.1792.

Summary of Proceedings and Expert Consensus Statements from the International Summit "Lipids in Parenteral Nutrition".

Martindale, R.G., Berlana, D., Boullata, J.I., Cai, W., Calder, P.C., Deshpande, G.H., Evans, D., Garcia-de-Lorenzo, A., Goulet, O.J., Li, A., Mayer, K., Mundi, M.S., Muscaritoli, M., Pradelli, L., Rosenthal, M., Seo, J.M., Waitzberg, D.L., Klek, S. *JPEN*. 2020 Feb;44 Suppl 1:S7–S20. doi: 10.1002/jpen

Use of Lipids in Adult Patients Requiring Parenteral Nutrition in the Home Setting. Mundi, M.S., Klek, S., Martindale, R.G.

JPEN. 2020 Feb;44 Suppl 1:S39–S44. doi: 10.1002/jpen

Lipid Use in Hospitalized Adults Requiring Parenteral Nutrition.

Mayer, K., Klek, S., García-de-Lorenzo, A., Rosenthal, M.D., Li, A., Evans, D.C., Muscaritoli, M., Martindale, R.G.

JPEN. 2020 Feb;44 Suppl 1:S28-S38

Use of Intravenous Lipid Emulsions with Parenteral Nutrition: Practical Handling Aspects. Boullata, J.I., Berlana, D., Pietka, M., Klek, S., Martindale, R. JPEN. 2020 Feb;44 Suppl 1:S74–S81 doi: 10.1002/jpen

Lipids in Parenteral Nutrition: Biological Aspects. Calder, P.C., Waitzberg, D.L., **Klek, S., Martindale, R.G.** *JPEN.* 2020 Feb;44 Suppl 1:S21–S27. doi: 10.1002/jpen

Lipids in Parenteral Nutrition: Introduction. Martindale, R.G., Klek, S.

JPEN. 2020 Feb;44 Suppl 1:S5–S6. doi: 10.1002/jpen.1739

Pharmacoeconomics of Parenteral Nutrition with ω-3 Fatty Acids in Hospitalized Adults. Pradelli, L., Muscaritoli, M., Klek, S., Martindale, R.G. *JPEN*. 2020 Feb;44 Suppl 1:S68–S73. doi: 10.1002/jpen.

Use of Catheter Lock Solutions in Patients Receiving Home Parenteral Nutrition: A Systematic Review and Individual-Patient Data Meta-analysis. Wouters, Y., Causevic, E., Klek, S., Groenewoud, H., Wanten, G.J.A.

JPEN. 2020 Jan 27. doi: 10.1002/jpen.1761.

ESPEN Practical Guideline: Clinical Nutrition in Inflammatory Bowel Disease.

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Continued on page 11...

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Home Parenteral
Nutrition with an
Omega-3-fatty-acidenriched MCT/LCT Lipid
Emulsion in Patients with
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Failure (The HOME
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for a Randomized,
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Klek, S., Chambrier, C., Cooper, S.C., Gabe, S., Kunecki, M., Pironi, L., Rahman, F., Sobocki, J., Szczepanek, K., Wanten, G., Lincke, N., Glotzbach, B., Forbes, A.

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A Tribute to the Late Stanley J. Dudrick MD – Pioneer, innovator and forward thinker. Klek, S., Hardy, G.

For the *International Clinical Nutrition Section* (*ICNS*) of the American Society for Parenteral and Enteral Nutrition (ASPEN). (*Complete Nutrition https://:nutrition2me.com*).

Intake and Contribution of Food Groups to Vitamin D Intake in a

Representative Sample of Adult Greek Population. Dimakopoulos, I., Magriplis, E., Mitsopoulou, A.-V., Karageorgou, D., Bakogianni, I., Micha, R., Michas, G., Chourdakis, M., Chroussos, G., Roma, E., Panagiotakos, D.B., Zampelas, A.

Nutrition. 2019, 72, 110641 (15 Nov 2019, online ahead of print)

A Single-Center
Prospective
Observational Study
Comparing Resting
Energy Expenditure in
Different Phases of
Critical Illness: Indirect
Calorimetry Versus
Predictive Equations.
Tah P.C., Lee, Z.Y., Poh, B.K.,
Abdul Majid, H. et al.

Critical Care Medicine. (2020 In press)



Contents lists available at ScienceDirect

Clinical Nutrition ESPEN

Journal homepage: http://www.clinicalnutritionespen.com



Original article

Prevalence of malnutrition in medical and surgical gastrointestinal outpatients

N. Kamperidis", L. Tesser, P. Wolfson, C. Toms, K. Katechia, D. Robinson, J. Nightingale St Mark's Hospital. Harrow, Middleses HAI 3/18, UK

Association Between AND-ASPEN Malnutrition Criteria and Hospital Mortality in Critically Ill Trauma Patients: A Prospective Cohort Study. Guilherme Duprat Ceniccola RD, PhD et al., Brazil

JPEN. February 2020. https://doi.org/10.1002/jpen.1795

Assessment and Interpretation of Vitamin

Free

Webinars

and Trace Element Status in Sick Children: A
Position Paper from the European Society for Paediatric
Gastroenterology
Hepatology, and
Nutrition Committee on Nutrition.
ESPGHAN Committee on Nutrition: Konstantinos
Gerasimidis et al.

JPGN. 2020 (in press)

Expert Consensus on Omega-3 Fatty Acids in Parenteral Nutrition

Live: 10:00 - 11:30AM US ET / 4:00 - 5:30PM CEST

> Recorded with Live Q&A: 3:00 - 4:30PM US ET / 9:00 - 10:30PM CEST

APRIL 22, 2020

Focus on Critical Care and Major Surgery

Omega-3 Fatty Acids in Medical Nutrition: From Bench to Bedside

Philip C Calder, PhD; University of Southampton; Southampton, UK

Omega-3 Fatty Acids in Chronic Critical Illness Martin Rosenthal, MD; University of Florida Health; Gainesville, FL, USA

Omega-3 Fatty Acids in Acute Critical Illness Konstantin Mayer, MD; St. Vincentius Clinic; Karlsruhe, Germany

Moderator: Philip C Calder, PhD

JULY 9, 2020

Continuum of Care – From Hospital to Home Care

Surgical Oncology Patients with Acute Intestinal Failure

Stanislaw Klek, MD, PhD; Stanley Dudrick's Memorial Hospital; Skawina, Poland

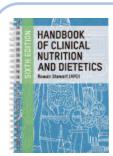
Managing Patients with Chronic Intestinal Failure Manpreet Mundi, MD; Mayo Clinic; Rochester, MN, USA

Moderator: Leah Gramlich, MD; University of Alberta; *Edmonton, Canada*

Register at: nutritioncare.org/2020Webinars





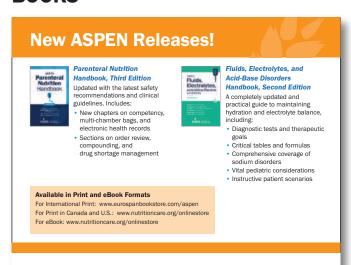


Handbook
of Clinical
Nutrition
and
Dietetics
The 6th
Edition
of this

textbook by Australian APD Rowan Stewart is a valued text for students & experienced practitioners alike. The 2020 edition has a new format highlighting information essential to dietetic practice.

ISBN: 9780648588788

BOOKS



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Discuss JPEN Articles in a Journal Club Each IPEN issue features an article written for journal clubs. Journal Clubs are a great way to stay current in the field.

Details at: Nutritioncare.org/Journals

British Pharmacopoeia proposes new monograph for PN with limit for Aluminium contamination

Definition: Parenteral nutrition solutions contain essential nutrition requirements in the form of protein (amino acids), carbohydrate (glucose) and fat (lipids), together with electrolytes, trace elements and vitamins. The solutions comply with the requirements stated under Parenteral Preparations and with the following requirements. Where appropriate the solutions also comply with the requirements stated under Unlicensed Medicines.

Aluminium: Not more than 25

g/L, when determined by atomic absorption spectrophotometry with at least three reference solutions in the range spanning the expected aluminium concentration of the test solution by diluting aluminium standard solution (25 ppm Al) with the test solution, and measuring the absorbance at 309.3 nm using an aluminium hollowcathode lamp as the radiation source and a graphite furnace.



The CDC Handbook: A Guide to Cleaning and Disinfecting Cleanrooms

This bestselling book edited by **Dr** Tim Sandie, was

first published in 2012 and it has

undergone a major update to reflect current regulations and best practices.

The Cleaning and Disinfection handbook is aimed at those working within the pharmaceutical and healthcare sectors around the world as well as providing valuable information for professionals, students and for the general reader.

The book provides comprehensive detail on different types of disinfectants and their modes of action; explains the problems of microbial destruction and resistance; introduces cleaning techniques and the latest safety regulations; expounds upon the application of cleaning within healthcare and pharmaceutical environments, noting current national and international standards. The book also provides guidance on disinfectant efficacy

testing and compares U.S. and European approaches. Additional chapters cover the use of hydrogen peroxide and other methods for decontaminating isolators; how to audit disinfectant suppliers; and regulations/quality assurance.

Assembled by expert practitioners, the book balances theoretical concepts with sound practical advice, and is likely to become the definitive text on keeping contamination in control within clean areas and controlled environments. With this second edition, the book is fully updated in line with the latest standards and regulations; a new validation strategy approach; revised information on safety regulations; and more.

The book is available from all Amazon stores. ISBN13 9781781487686.

ASPEN Journal Podcasts

- *JPEN*: "Relationship Between Dietary Fiber Intake and Short-Chain Fatty Acid-Producing Bacteria During Critical Illness: A Prospective Cohort Study" (Listen).
- *NCP*: "Hepatic Encephalopathy and Nutritional Influences: A Narrative Review" (Listen).
- *IPEN*: The Value of Nutrition Support Therapy: Impact on Clinical and Economic Outcomes in the US (Listen)
- NCP: Dispelling Myths and **Unfounded Practices About** Enteral Nutrition (*Listen*).

Subscribe to "ASPEN Podcasts" on Soundcloud.

New Guidelines for Neonatal PN from NICE UK



Dr Theodoric Wong

The UK National Institute for Health and Care Excellence (NICE) provides national guidance and advice to improve health and social care. The NICE committee

authors for **Neonatal Parenteral Nutrition that includes Dr Theo Wong, ICNS Acting Chair** and
Consultant Paediatric
Gastroenterologist at Birmingham
Children's Hospital UK, has

recently published NICE Guideline 154 for Neonatal Parenteral Nutrition https://www.nice.org.uk/ February 2020

This guideline covers Parenteral Nutrition for babies born preterm, up to 28 days after their due birth date and babies born at term. PN is often needed by preterm babies, critically ill babies, and babies who need surgery. The NICE guideline includes recommendations on:

 indications for, and timing of, neonatal PN

- administration of neonatal PN
- energy needs of babies on neonatal PN
- neonatal PN volume
- constituents of neonatal PN
- standardised neonatal PN ('standardised bags')
- monitoring neonatal PN
- stopping neonatal PN
- service design
- information and support for parents and carers.

FAIR FOR RARE DISEASES events in Australia and New Zealand

Chris Walker, President of the Australasian HPN patients support group 'Parenteral Nutrition Down Under' (PNDU) attended the Rare diseases event at Parliament House in Canberra, Australia on the 26th and 27th February.

The Australian Minister for Health, The Hon. Greg Hunt, launched the National Strategic Action Plan for Rare Diseases to deliver the best possible health and life outcomes for the two million Australians living with rare diseases, which was supported by Chris' local MP Meryl Swanson.

In Wellington, New Zealand,

IDEN editor, Gil Hardy
represented PNDU at a similar
event in 'The Beehive' New
Zealand's parliament, hosted by
Dr Liz Craig, MP, right.

Lisa Foster, CEO of Rare Diseases NZ, far right, launched a collective call for a National Framework which included a booklet outlining the seven points in the Framework a White Paper: based on the results of the 2019 Rare Disorder survey and a Petition calling for a National Rare Disorder Framework.



PNDU President Chris Walker with Meryl Swanson, MP

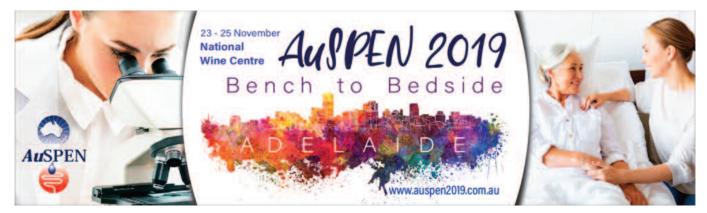




Clinical Nutrition News around the World



AUSPEN AUSPEN (Australia and New Zealand)



The 45th Annual AuSPEN 2019 conference "Bench to Bedside" was held in Adelaide Australia from 23–25 November 2019. The conference programme incorporated basic science, clinical research, policy and practice and lead attendees on a translational nutrition focused journey from the laboratory into clinical practice and beyond. Guest speakers were

Professor Kevin Whelan, Professor of Dietetics at King's College London, UK. Professor Michael Hiesmayr from Switzerland and Danielle Bear Clinical Doctoral Fellow, Department of Critical Care, Guy's and St Thomas NHS Foundation Trust, London. ASPEN past President and current President of the Rhoads



Marion Winkler

PhD, RD.



Foundation, Marion Winkler,

The AuSPEN Advanced
Nutrition Course was held from
19–22 February 2020. The course
was designed to enhance the
knowledge and understanding of
the principles and application of
nutrition support for those
involved in the nutritional care of
patients. With a multidisciplinary
focus to suit all health
professionals with an active role in

nutrition support looking to enhance their learning, the course aimed to meet the professional development needs of experienced and interested clinicians in the area of clinical nutrition.

Through the use of facilitated discussion, problem-based learning and a seminar-style environment, topics included the role of the

acute phase response, intermediary metabolism, nutritional assessment and objective measurements of body composition and function, nutritional requirements in different disease states, complexities of enteral and parenteral nutrition, the compromised gut, leadership and research.



ASOCIACIÓN COLOMBIANA DE NUTRICIÓN CLÍNICA

The Colombian Association of Clinical Nutrition (ACNC)



Dr Diana Cárdenas

Contributed by Dr Diana Cárdenas.

The Colombian Association of Clinical Nutrition has put all their efforts into

promoting education and the development of clinical nutrition in Colombia and Latin America. In addition to regional symposiums throughout the year, the ACNC organizes the 34th Colombian Congress of Metabolism and Clinical **Nutrition**, that will be held at Agora Congress Center, in Bogota, from 27-29 August, 2020. This will be an opportunity to share knowledge and experiences with national and international experts. The congress will offer pre-congress courses like ESPEN LLL courses and a workshop on research in Clinical Nutrition. The best research abstracts will be awarded, within the framework of the 34th version of the **research** prize dedicated to José Félix Patiño Restrepo. During the Congress, Latin American experts will work on the validation by consensus of the toolkit for the Cartagena Declaration on the Right to Nutritional Care and the Fight Against Malnutrition. (Figure 1).

The Cartagena Declaration was signed on May 3rd 2019, by representatives of all Latin American PEN societies together with Dr Rocco Barazzoni, representing ESPEN (back row, far right) and Dr Juan Ochoa, representing ASPEN (front row 2nd from right).

The Declaration recognizes the right to nutritional care as a human right and should be considered a framework document



whose 13 principles constitute the basis for promoting the development of nutritional care in the clinical field. Also, at the same time raising awareness among public authorities and academic institutions. It will serve as an instrument for governments to promote the formulation of policies and legislation in the field of clinical nutrition. We believe that the general framework of principles proposed by the Declaration can contribute to raising awareness about the magnitude of this problem and forging cooperation networks between the countries of the region, indeed the world. The Cartagena Declaration should be

considered as a starting point for the development of actions that seek to promote the right to nutritional care and the fight against malnutrition. The principles established therein must be transformed into concrete actions. To this end, tools are being designed to translate the core concept of the 13 principles into actions.

A Call to Action

The ACNC global call to unite in fighting malnutrition and respecting the right to nutritional care. This implies embracing the 13th statement of the Declaration: "The FELANPE urges the States and the Human Rights Council of the United Nations to recognize this Declaration and therefore the Right to Nutritional Care as a human right as it guarantees all people, especially the malnourished ill, access to nutritional care and, in particular, optimal and timely nutritional therapy in order to reduce the high rates of hospital malnutrition and the associated morbidity and mortality, among other things".

Thus, on behalf of the Colombian Association on Metabolism and Clinical Nutrition (ACNC), it is a great pleasure to invite you to the 34th Colombian Congress of Metabolism and Clinical Nutrition taking place in Bogotá, Colombia, and to actively

participate in these activities.

The Journal of Clinical Nutrition and Metabolism (Revista de Nutrición Clínica y Metabolismo)

To present and promote the



Cartagena Declaration and the right to nutritional care, the RNCM journal published a supplement in Spanish and English, in December 2019. The articles contain the key elements to know and to understand the 13 principles of the Declaration, the legal and ethical aspects as well as the importance of recognizing the right to nutritional care.

A supplement on the importance of an interdisciplinary approach to clinical nutrition, with contributions from nurses, nutritionists, physicians and pharmacists to address the problem was edited by Sonia Echerverri, RN, FASPEN, with an invited article by IPEN editor, Gil Hardy (*Revista de Nutrición Clínica y Metabolismo*. 2019;2(Supl.1):63–75).

The issue opens with an editorial from Charles Bermudez,
President of the Colombian
Clinical Nutrition Association,
who has been the leader and the driver of this initiative. An
Editorial from Dolores
Rodriguez, President of
FELANPE, recognizes the importance of this topic in Latin

.

America.
Finally, Rocco
Barazzoni,
President of
ESPEN

confirms the European support of this initiative and invites us all to continue the efforts.



Original article

The International Declaration on the Right to Nutritional Care and the fight against Malnutrition, "Declaration of Cartagena"

DECLARACIÓN DE CARTAGENA

Declaración Internacional sobre el Derecho al Cuidado Nutricional y la Lucha contra la Malnutrición Declaração Internacional sobre o Direito ao Cuidado Nutricional e a Luta contra a Desnutrição

Diana Cardenas', Charles Bermúdez', Sonia Echeverri', Angélica Pérez', Milena Puentes', Lina López' Isabel Correia', Juan B. Ochoa'', Ana Maria Ferreira'', María Alexandra Texeira''', Diego Arenas Moya'', Humberto Arenas Márquez'', Miguel Leon-Sarg'', Dolores Rofriquez-Veintinilla''.

> Received: 15 December, 2018. Accepted: 15 April, 2019 Published Online: May 4, 2019

https://revistanutricionclinica metabolismo.org/index.php/ nutricionclinicametabolismo/ issue/view/6

Among the various articles the message is clear: The human-rights based approach could contribute to the development of clinical nutrition. This approach allows the iby dentification of the main priorities and objectives in order to fight against malnutrition and implement optimal nutritional care for everyone. Thus, the right to nutritional care is a human right that needs to be recognized internationally as "the Right to Nutritional Care as a human right,

guaranteeing all people, especially the malnourished and ill, access to nutritional care and, in particular, optimal and timely nutritional therapy in order to reduce the high rates of hospital malnutrition and the associated morbidity and mortality among other consequences". It is important to highlight, that this does not mean that everyone has the "right" to claim to be fed under any circumstance or during every stage of life, including the terminal phase. On the contrary, recognizing this right implies that the best decision for the patient must be taken and this may include the decision not to feed.

Vietnam Dietetic Association



Dr Nguyen Viet Quynh Thur

Contributed by Dr Nguyen Viet Quynh Thu.

The Vietnam
Dietetic
Association
(VDA) was
founded on
7 November
2019. The VDA

has contributed to improve nutrition for all Vietnamese people. The members of VDA are mainly nutrition related medical doctors, dietitians and nurses working in clinical nutrition department in hospitals. The members also include those related to school nutrition, health/sports nutrition, public health nutrition... The VDA provides a lifelong, continuous education system which improves the ability of dietitians and nutrition-related medical staff.

President

Prof. Le Danh Tuyen – National Institute of Nutrition.

Vice President – General Secretary

Nghiem Nguyet Thu MD, PhD – National Geriatric Hospital.

Vice President

Nguyen Viet Quynh Thu MD, MSc, Specialist level II - FV Hospital.



Assoc. Prof. Nguyen Do Huy – National Institute of Nutrition.

Luu Ngan Tam MD, PhD - Cho Ray Hospital. Assoc. Prof. Lam Vinh Nien – Ho Chi Minh Medical and Pharmacological University Hospital. Nguyen The Thanh MD, Specialist level II – Bach Mai Hospital.

تغذيه باليني ايران

Third International



Iranian Society of Nutrition



Dr Lucy Sutanto

Contributed by Dr Lucy Sutanto

The 3rd
International
Clinical
Nutrition
Conference,
entitled

"Fighting Malnutrition in Hospitals" was held in Mashhad, Iran, 17–19 February 2020. Chaired by **Dr Abdolreza**Norouzy, the event was organized by Mahhad University Medical Sciences, supported by **PENSA** and the Indonesian Nutrition Association (INA) with guest speaker **Dr Luciano Sutanto**.

Three LLL ESPEN Courses were held two days before the main symposium; Approach to Parenteral Nutrition, Nutritional Support in Gastrointestinal Disorders, and Nutritional Support in Cancer courses.



Guest speaker, Dr Lucy Sutanto representing the Indonesian Nutrition Association (center) with local Iranian faculty



l fe

Dr Harish Ambeka

Ambekar, Hon
President,
IAPEN
Bengaluru
Chapter
invited
members of
IAPEN to
participate in

Dr Harish

the International conference on Surgical Nutrition held in Bangalore, India from 22nd-23rd November 2019 with

Indian Association for Parenteral and Enteral Nutrition (IAPEN)

guest speaker **Professor Takashi Higashiguchi, MD, PhD**, Chairman of the Board of Trustees for the Japanese Society for Parenteral and Enteral Nutrition (JSPEN), Japan.

With the theme "Advancing Surgical Nutrition in India" the conference explored new topics in surgical nutrition and application of various Nutrition Intervention techniques in different Indian clinical settings. According to Dr

Ambekar,
IAPEN's long
journey from
2012 to establish
a multidisciplinary
society devoted
to the study of
metabolic
problems
associated with



Professor Takashi Higashiguchi

acute diseases and their nutritional implications and management is taking new heights.

Continued on page 18...



Delegates at IAPEN International conference on surgical nutrition in 2019



Faculty at IAPEN International Conference on Surgical Nutrition



Putting patients at the centre of good nutritional care



BAPEN Chair, Dr Trevor Smith welcoming delegates

BAPEN Annual Conference was held in November 2019 in Belfast UK.

BAPEN Chair, **Dr Trevor Smith** welcomed delegates and launched the latest video: "*Nutrition Matters. BAPEN Matters*"

The British Association For Parenteral And Enteral Nutrition (BAPEN)

highlighting BAPEN's commitment to the importance of



Dr Peter Collins from Brisbane Australia presenting on the importance of nutrition support in COPD.

getting involved in the fight against hospital malnutrition.



BAPEN Panel discussion on IF/HPN chaired by **Dr Smith** (far left) with contributions from **Dr Jeremy Nightingale** (second from right) and **Carolyn Wheatley** of PINNT representing HPN patients (far right).

West African Society of Parenteral and Enteral Nutrition (WASPEN) Update



Dr Teresa Pounds

By Dr Teresa I. Pounds, PharmD, BCNSP.

The first online meeting of WASPEN was

held on February 9th at 9 pm. The meeting was chaired by **Dr Teresa Pounds**, **President of WASPEN**, and key group leaders (Secretary, P.R.O., Treasurer) and other existing and new members, comprising physicians, pharmacists, nurses and dietitians, were in attendance. Dr Pounds reviewed the purpose and goals of WASPEN:

 Maintain a forum or avenue that allows exchange of ideas in the area of specialized nutrition support.

- Promote safe and effective nutrition support therapy.
- Promote professional communication among and within professional disciplines for both enteral and parenteral nutrition.
- Support research in the field of clinical nutrition.
- Encourage professional competency among practitioners and investigators in clinical nutrition to improve patient care through postgraduate and continuing education programs.

During the meeting, Dr Pounds discussed plans for the upcoming year, which includes the Inauguration Conference. **The**

• • • • • • •

Inauguration Conference is anticipated to take place July or August 2020 in either Lagos or Abuja, Nigeria. NAFDAC, a partner of WASPEN, has been invited to be in attendance. Dr Pounds also discussed the incorporation of WASPEN to the U.S.A., the creation of the website, and membership dues. She encouraged current WASPEN members to attend the March 2020 ASPEN conference in Tampa, Florida as well as the March 2021 ASPEN conference in Denver, Colorado. She reported that nutrition assessment and support surveys have been distributed and analyses are still in progress.



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In addition to hosting select iCAN meetings, Baxter is developing digital educational content that you can access from anywhere!

Our curriculum will focus on key topics in nutrition therapy management that help you provide the best patient care in this time of change and uncertainty. You can review topics at your own pace, on the go or in the office. Simply email us to learn more.

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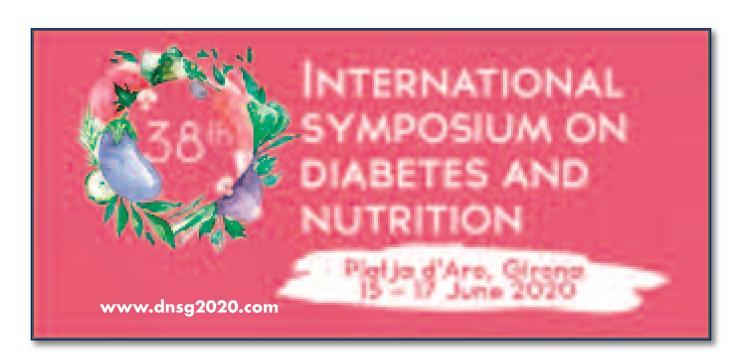
*Baxter data on file

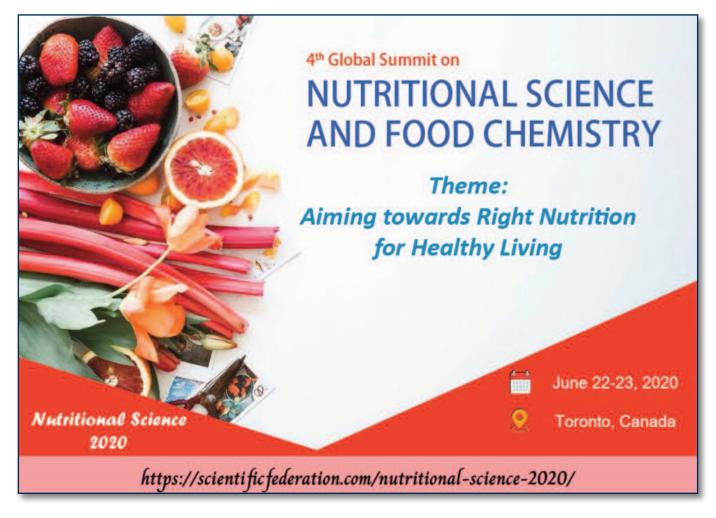
FORTHCOMING INTERNATIONAL MEETINGS

(Subject to conference and travel restrictions resulting from the COVID-19 pandemic.)









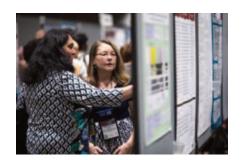






Abstract Submission is Now Open!

Abstract submission is now open for the <u>12th Asia Pacific Conference on Clinical Nutrition (APCCN)</u> and we are pleased to invite you to submit your abstract for consideration as a poster presentation. This serves as a great opportunity to be in a unique learning environment that inspires and enables research, innovation, discovery, and excellence.



WARNING:

Diary Dates information was accurate at the time of going to press but conferences could be cancelled or dates postponed depending upon the developing COVID-19 pandemic.

Diary Dates 2020

- 21-25 April
 2nd Congress of
 International Society of
 Renal Nutrition and
 Metabolism
 Guangzhou, China
 www.renal-nutrition.org
- 3-6 June
 The World Congress for
 Paediatric Gastroenterology,
 Hepatology and Nutrition
 Copenhagen, Denmark
 www.wcpghan2020.org
- 23 June
 4th Global Summit on
 Nutritional Science and
 Food Chemistry
 Toronto, Canada
 https://scientificfederation.
 com/nutritionalscience.com
- 15-17 June 38th International Symposium on Diabetes and Nutrition Girona, Spain https://dnsg2020.com
- 15-18 June
 British Society of
 Gastroenterology
 Annual Conference
 Liverpool, UK
 www.bsg.org.uk
- 26–28 June
 11th International Paediatric
 Intestinal Failure and
 Rehabilitation Symposium
 Toronto, Canada
 www.PIFRS2020

- 13-16 July
 UK Nutrition Society
 Summer Conference
 'Protein Sources: Benefits
 and Global Challenges'
 Aberdeen, Scotland
 www.nutritionsociety.org
- 26–28 August ERAS Conference 2020 New Orleans, USA www.erassociety.org
- 27–29 August
 34th ACNC Congress
 Bogota, Colombia
 www.nutriclinicacolombia.org
- 31 August 1 September Ganepao 2020 Nutrition Congress Sao Paulo, Brazil www.ganepao.com.br
- 19-22 September 2020
 42nd ESPEN Congress
 'Live HealthY with Optimum Nutrition'
 Lyon, France
 www.espen.org
- 26-29 September
 FELANPE XVII Congreso
 Latino Americano y
 IV Congreso Nacional de
 Terapia Nutricional,
 Nutrición Clínica y
 Metabolismo de Pediatría
 Guaquil, Equador
 www.felanpe2020.org

- 13-14 October Food Matters Live Intercontinental London, UK www.foodmatters.co.uk/live
- 29–31 October
 25th PENSA Congress
 Bangkok, Thailand
 www.pensa-online.org
- 17–18 November BAPEN Annual Conference Brighton Metropole, UK www.bapen.org.uk
- 20-21 November APCCN 12th Asia Pacific Congress Clinical Nutrition Dubai, UAE www.apccn2020.com

Diary Dates 2021

- 31 October 4 November XIX Congreso Latino Americano de Nutrición (SLAN) Asuncion, Paraguay www.slan2021.com
- 20–23 March ASPEN 2021 Conference Colorado, Denver, USA www.nutritioncare.org

ACKNOWLEDGEMENT:

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DISCLAIMER: The editor and ICNS have made every reasonable effort to ensure that the content of this newsletter is accurate, but accept no responsibility for any errors or omissions. The views expressed are not necessarily those of ASPEN and no reference to any product or service is intended as a recommendation or endorsement.