

# The ASPEN Adult Nutrition Support Core Curriculum, 3rd edition, Table of Contents

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*Foreword*

*Preface*

*Acknowledgments*

## **Part I: Basics of Nutrition and Metabolism**

### **1. Nutrient Intake, Digestion, Absorption, and Excretion**

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### **2. Energy**

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### **3. Carbohydrates**

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### **4. Gut Microbiota**

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### **5. Lipids**

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### **6. Protein**

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### **7. Fluids, Electrolytes, and Acid-Base Disorders**

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### **8. Vitamins and Trace Elements**

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## **Part II: Clinical Foundations of Nutrition Support**

### **9. Malnutrition Screening and Assessment**

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### **10. Overview of Enteral Nutrition**

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### **11. Enteral Nutrition Formulations**

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- 12. Enteral Access Devices**  
*John C. Fang, MD, and Merin Kinikini, DNP, FNP, RD, CNSC*
- 13. Complications of Enteral Nutrition**  
*Ainsley Malone, MS, RD, LD, CNSC, FAND, FASPEN, David Seres, MD, ScM, PNS, and Linda M. Lord, NP, CNSC, ACNP-BC*
- 14. Overview of Parenteral Nutrition**  
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- 15. Parenteral Nutrition Formulations**  
*Rina Patel, PharmD, BCNSP*
- 16. Parenteral Access Devices**  
*Antoinette M. Neal, RN, BSN, CRNI, VA-BC, CNSC, and Kathryn Drogan, MS, NP, ANP-BC*
- 17. Complications of Parenteral Nutrition**  
*Vanessa J. Kumpf, PharmD, BCNSP, and Jane Gervasio, PharmD, BCNSP*
- 18. Drug-Nutrient Interactions**  
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- 19. Dietary Supplements**  
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### Part III: Nutrition Support of Specific States

- 20. Pregnancy and Lactation**  
*Kris M. Mogensen, MS, RD-AP, LDN, CNSC, and Miriam Erick, MS, RD, LDN, CDE*
- 21. Wound Healing**  
*Mary Ellen Posthauer, RDN, CD, LD, FAND, and Mary Marian, DCN, RDN, CSO, FAND*
- 22. Neurologic Impairment**  
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- 23. Critical Care Sepsis**  
*Robert G. Martindale, MD, PhD, Jayshil J. Patel, MD, Thomas Herron, MD, and Panna Codner, MD*
- 24. Trauma, Surgery, and Burns**  
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- 25. Pulmonary Disease**  
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- 26. Gastrointestinal Disease**  
*Lena B. Palmer, MD, MSCR, Rachael Janas, RD, CNSC, and Michael Sprang, MD*
- 27. Liver Disease**  
*Valentina Medici, MD, Mardeli Saire Mendoza, MD, and Matthew R. Kappus, MD*
- 28. Pancreatitis**  
*Kristine Krueger, MD, Stephen A. McClave, MD, and Robert G. Martindale, MD, PhD*
- 29. Renal Disease**  
*Menaka Sarav, MD, and Csaba P. Kovacs, MD*
- 30. Short Bowel Syndrome**  
*Berkeley N. Limketkai, MD, Ryan T. Hurt, MD, and Lena B. Palmer, MD*
- 31. Solid Organ Transplantation**  
*Jeanette M. Hasse, PhD, RD, LD, FADA, CNSC,  
and Laura E. Matarese, PhD, RDN, LDN, FADA, CNSC, FASPEN, FAND*
- 32. Human Immunodeficiency Virus Infection**  
*Peter Wasserman, BSc, MA, David S. Rubin, MD, and Sorana Segal-Maurer, MD*
- 33. Cancer**  
*Mary Marian, DCN, RDN, CSO, FAND, Todd Mattox, PharmD, BCNSP,  
and Valaree Williams, MS, RDN, CSO, FAND*
- 34. Diabetes Mellitus**  
*Renee Walker MS, RD, LD, CNSC, Anne M. Tucker, PharmD, BCNSP,  
and Kim K. Birtcher, PharmD, MS, BCPS (AQ Cardiology), CDE, CLS*
- 35. Obesity**  
*Jayshil J. Patel, MD, Manpreet S. Mundi, MD, Robert G. Martindale, MD, PhD,  
and Ryan T. Hurt, MD, PhD*
- 36. Nutrition Support for Older Adults**  
*Rena Zelig, DCN, RD, CDE, CSG, Phyllis J. Famularo, DCN, RD, LDN, CSG, CDP, CADDCT,  
and Maria Szeto, MS, RD*
- 37. Surgical Alteration of the Gastrointestinal Tract**  
*Neal Bhutiani, MD, Matthew V. Benns, MD, Sam Pappas, MD, Lena B. Palmer, MD, MSCR,  
and Keith R. Miller, MD*

**Part IV: Management and Professional Issues**

- 38. Home Nutrition Support**  
*Denise Konrad, RD, CNSC, Ronelle Mitchell, MA, RD, CNSC,  
and Eileen Hendrickson, RPh, PharmD, MBA*

- 39. Ethics and Law**  
*Denise Baird Schwartz, MS, RD, FADA, FAND, FASPEN, and Albert Barrocas, MD, FACS, FASPEN*
- 40. Quality Improvement in Clinical Practice**  
*Kristen Mathieson, MBA, RD, CDN, and E. Annelie M. Vogt, DCN, RD, LDN, CSO, CNSC*
- 41. Evidence-Based Medicine and Derivation of Clinical Guidelines**  
*Stephen A. McClave, MD, and Jayshil J. Patel, MD*

*Index*